

DEMOGRAPHICS

OVER
1.2
MILLION
PEOPLE LIVE IN OUR REGION

133,812 KM²

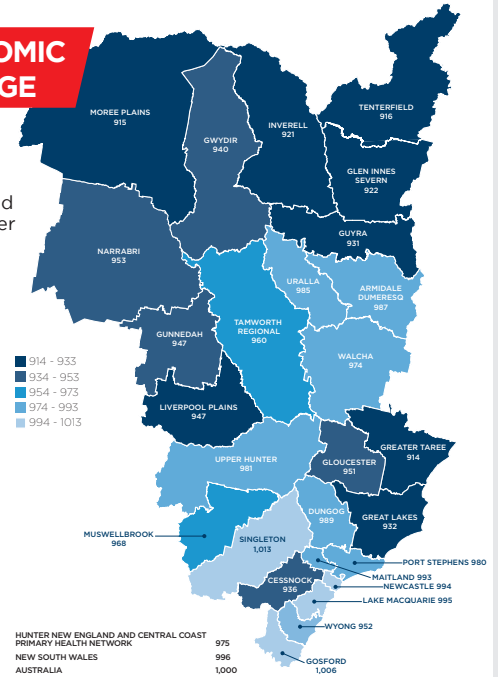


WE ARE THE SECOND LARGEST PHN IN NEW SOUTH WALES AND COVER A SIGNIFICANT GEOGRAPHICAL AREA

SOCIO-ECONOMIC DISADVANTAGE

Socio-Economic Indexes for Areas (SEIFA) scores indicate relative advantage and disadvantage, the lower the score the greater the disadvantage experienced in a region.

There are socio-economically disadvantaged areas in our region (dark blue) which is often coupled with poor access to health services



19.5%

THE POPULATION IN THE HNECC REGION IS PREDICTED TO INCREASE BY 19.5% BY 2031, TO WELL OVER 1.4 MILLION PEOPLE

Our region spans across **27 LOCAL GOVERNMENT AREAS (LGAs)** and has a mix of metropolitan, regional and rural areas. It reaches from just north of Sydney, across the north west of NSW to the QLD border

4.2% (48,002) of people in our region identify as **ABORIGINAL AND TORRES STRAIT ISLANDER** compared to 2.5% nationally. This ranges from 2.2% - 20.8% of the population across all LGAs

18.3% of our population is aged **65 YEARS AND OVER** compared to 14.4% nationally. This ranges from 11.0% - 32.1% of the population across all LGAs.

The HNECC region has a lower proportion of people from non-English speaking backgrounds (4.5%) than the nation (15.7%), and a very small number of people arriving on humanitarian visas each year

MENTAL HEALTH



1 IN 7 people (14.4%) experience **CHRONIC MENTAL AND BEHAVIOURAL PROBLEMS** which is **HIGHER THAN THE NATIONAL AVERAGE** (13.6%). This ranges from 12.1% - 16.3% across our LGAs

9,775 PER 100,000

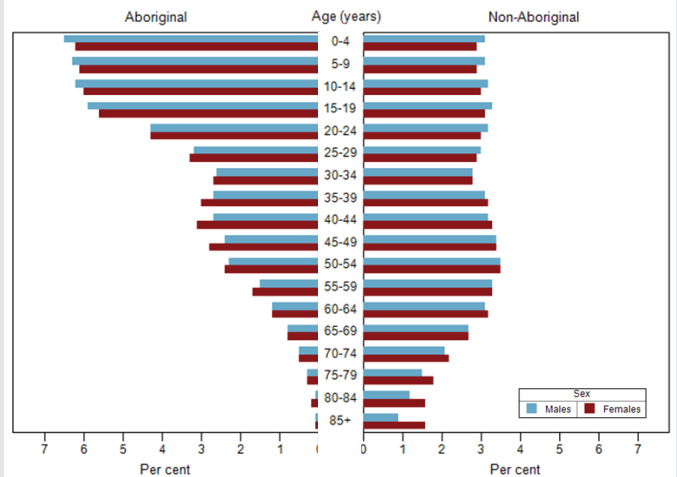
people **HAVE MENTAL HEALTH TREATMENT PLANS** prepared by a GP in our region, compared to the national trend of 8,037

Compared to Australia, **OUR REGION HAS HIGHER RATES OF HIGH OR VERY HIGH PSYCHOLOGICAL DISTRESS**

HNECC: 11.2% (100,921 people) Australia: 10.8%. This ranges from 8.8% - 12.6% across our LGAs

Compared with Australia we have **HIGHER RATES OF 15-19 YEAR OLDS WHO ARE NOT EARNING OR LEARNING, A RISK FACTOR FOR YOUTH MENTAL HEALTH ISSUES** HNECC: 22.7% Australia: 19.9%

AGE PROFILE OF OUR REGION



SCREENING



CERVICAL CANCER SCREENING participation rates in our region (59.0%) are **SLIGHTLY HIGHER THAN THE STATE RATE** (57.7%)

BREAST CANCER SCREENING participation rates in our region (56.9%) are **HIGHER THAN THE STATE RATE** (50.9%)

BOWEL CANCER SCREENING participation rates in our region (34.7%) are **SLIGHTLY HIGHER** than the state rate (32.8%)

IMMUNISATIONS

5yrs

The percentage of **5 YEAR OLD CHILDREN FULLY IMMUNISED IS GREATER THAN THE NATIONAL RATE** (91.5%) across our region



94.5%
NEW ENGLAND

94.3%
HUNTER

92.7%
CENTRAL COAST

1yr

The percentage of **1 YEAR OLD CHILDREN FULLY IMMUNISED** Australia 91.2%

2yrs

The percentage of **2 YEAR OLD CHILDREN FULLY IMMUNISED** Australia 92.6%

15yrs

The percentage of **15 YEAR OLD GIRLS** fully immunised against **HPV** Australia 70%.

92.0%
NEW ENGLAND

93.5%
HUNTER

93.0%
CENTRAL COAST

95.5%
NEW ENGLAND

94.7%
HUNTER

93.5%
CENTRAL COAST

69%
NEW ENGLAND

71%
HUNTER

75%
CENTRAL COAST

SELF-ASSESSED HEALTH



15.1 PER 100

people aged 15 years and over **RATE THEIR HEALTH AS FAIR OR POOR**, which is higher than our national rate (14.6 per 100). This ranges from 13.4 to 17.5 across the 27 LGAs

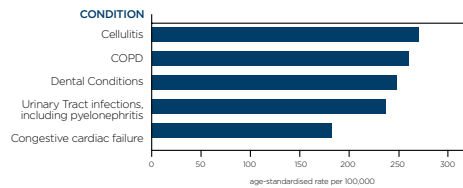
ED PRESENTATIONS

Our region has over a **THIRD MORE EMERGENCY DEPARTMENT PRESENTATIONS PER 100,000 PEOPLE THAN AUSTRALIA**. This is a significant difference.



POTENTIALLY PREVENTABLE HOSPITALISATIONS

Potentially Preventable Hospitalisations by condition, HNECC, 2013-14



ACCESS TO SERVICES

IN SUMMARY

401 General Practices
(includes after hours services)

1322 General Practitioners

9 Aboriginal Medical Services

2 Local Health Districts

31 Public Hospitals

285 Pharmacies

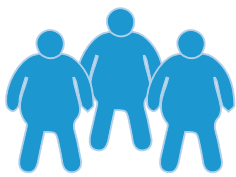
GP ATTENDANCES BULK-BILLED

Central Coast 84%
Hunter 78.6%
New England 73.8%

HEALTH WORKFORCE

The health care workforce is inequitably distributed across our region, with generally lower numbers of clinicians in rural areas.

HEALTH RISK FACTORS



35.1% OF ADULTS ARE OVERWEIGHT AND 30.5% OF ADULTS ARE OBESE. Obesity rates are higher than the national rate of 27.5%. Overweight rates are almost equal to the national rate of 35.3%

5.2% of people aged 18 years and over **CONSUME ALCOHOL AT LEVELS CONSIDERED TO BE A HIGH RISK** to health compared with 4.7% nationally

19.7% OF PEOPLE AGED 18 YEARS AND OVER SMOKE compared with 18% nationally. More men (21.5%) smoke than women (18.0%)

CHRONIC DISEASE

HIGH BLOOD CHOLESTEROL
32.5/100
(Australia 32.8)

CIRCULATORY SYSTEM DISEASE
18.5/100
(Australia 17.3)

DIABETES
4.9/100
(Australia 5.4)



CHRONIC OBSTRUCTIVE PULMONARY DISEASE 3.0/100
(Australia 2.4)

ASTHMA 11.5/100
(Australia 10.2)

MUSCULOSKELETAL SYSTEM DISEASES 30.5/100 (Australia 27.7)

FACTORS WHICH IMPACT ON HEALTH



NEARLY A QUARTER (24.7%) of dwellings in our region are **WITHOUT AN INTERNET CONNECTION** (Australia 19.7%)



8.1% OF THE DWELLINGS in our region **DO NOT HAVE A MOTOR VEHICLE** (Australia 8.6%)



MANY FAMILIES (26.4%) in our region are **SINGLE PARENT FAMILIES** (Australia 21.3%)



THREE-QUARTERS (75.6%) of our population who are aged **65 YEARS AND OVER RECEIVE AN AGE PENSION** (Australia 72.5%)

5.1%

5.1% of our population aged **16 – 64 YEARS RECEIVE AN UNEMPLOYMENT BENEFIT LONG TERM** (Australia 4.0%)



A high number (**28.3%**) of **LOW INCOME HOUSEHOLDS** in our region are **UNDER FINANCIAL STRESS FROM MORTGAGE OR RENT** (Australia 31.7%)

SOURCES

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For more information please visit

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