

Dementia support

Alzheimer's Australia – National Dementia Helpline

- Information about dementia and memory loss
- Information about government support services and local services
- Emotional support
- Phone, online chat or email support
- Phone **1800 100 500** (Monday to Friday, 9.00am to 5.00pm) | Visit dementia.org.au

Alzheimer's Australia – Living with Dementia Program

- Information and support program for people with early stage dementia and family carers
- For more information about the program and for details of when and where the program is running:
- Phone **1800 100 500** (Monday to Friday, 9.00am to 5.00pm)

Central Coast Dementia Advisory Service

- Information about dementia
- Referral to local services
- Nursing and allied health services
- Access to carer education and resources
- Phone **4336 7848**

Dementia assessment and behaviour management support services

Dementia and Behaviour Support Services

- Dementia, memory and behaviour assessments
- Education, information and support for anyone affected by memory loss or any type of dementia.
- Carer support, education and information
- Community Health Access and Intake (CHAI): phone **1300 725 565**

Dementia Behaviour Management Advisory Service (DBMAS)

- A service for people with dementia and their carers where behaviour impacts on care and quality of life
- Helpline (24 hours, 7 days a week)
- Phone **1800 699 700**
- The service can also provide assessment, care planning and case management

Community Older People Mental Health Program

- Management of challenging behaviour associated with dementia
- Talk to your GP about a referral
- **Mental Health Access Line: phone 1800 011 511**

Behavioural Assessment and Information Service (BASIS)

- Assessment and management of people with dementia with moderate to severe persistent behaviour symptoms

Carer support

Carer Gateway

- National online and phone service providing practical information and resources to support carers
- Phone **1800 422 737** (Monday to Friday, 8am to 6pm) | Visit carergateway.gov.au
- The website is available in a number of languages: carergateway.gov.au