

# POPULATION HEALTH SNAPSHOT 2018

## Armidale Regional LGA

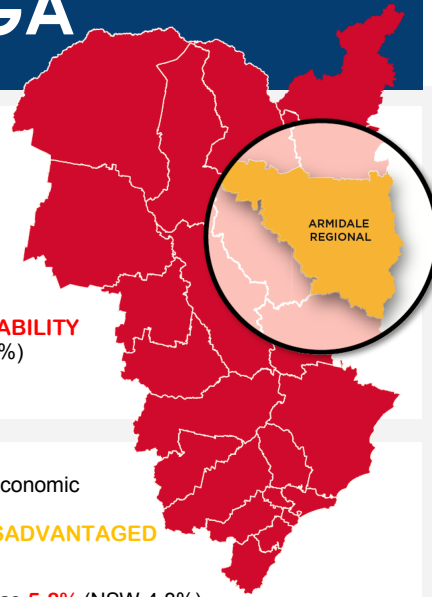
### OUR PEOPLE



**2,174 PEOPLE IDENTIFY AS ABORIGINAL AND TORRES STRAIT ISLANDER** this is **7.4%** of the population (NSW 2.9%)

**79.5%** of the population was **BORN IN AUSTRALIA** (NSW 65.5%)

**1,491 PEOPLE** have a **PROFOUND OR SEVERE DISABILITY** this is **5.3%** of the population (NSW 5.6%)



**POPULATION**  
**29,449**

### SOCIAL AND ECONOMIC FACTORS IMPACTING HEALTH

The SEIFA Index of Relative Socioeconomic Disadvantage score is **980**, the Armidale Regional LGA is **MORE DISADVANTAGED** than **AUSTRALIA** (1000)

The **UNEMPLOYMENT RATE** in 2017 was **5.8%** (NSW 4.8%)

**20.8 in 100** people had **GOVERNMENT SUPPORT AS THEIR MAIN SOURCE OF INCOME** for 13 months or more in 2013 and 2014 (NSW 20.4)

**83.2%** of **15 - 24 YEAR OLDS** were **EARNING OR LEARNING** in 2016 (NSW 85%)



The population will grow to approximately **38,600** in 2036

### HEALTH RISKS

FOR EVERY 100 ADULTS IN 2014-15:



**15.7 SMOKED** (NSW 16)

**18.3** consumed **ALCOHOL** at **HIGH RISK** (NSW 16.7)



**33.1** were **OVERWEIGHT** (NSW 37.4) and another **33.5** were **OBESE** (NSW 28.2)

**49.2** **ATE ENOUGH FRUIT** (NSW 49.2)



**69.9** had **LOW OR NO EXERCISE** (NSW 67.1)

### MUMS AND BUBS

The **TOTAL FERTILITY RATE** in 2013-15 was **2.0 BIRTHS PER WOMAN** (NSW 1.9)

**16.1%** of mothers **SMOKED IN PREGNANCY** in 2014-16 which was **SIGNIFICANTLY HIGHER** than the **NSW AVERAGE**

**7.9%** of babies born in 2012-14 were **LOW BIRTH-WEIGHT** (NSW 5.2%)

A **FIRST TRIMESTER ANTENATAL VISIT** occurred in **62.6%** of pregnancies in 2014-16 which was **SIMILAR TO** the **NSW AVERAGE**



**18.1%** of the population are aged **0-14 years** (NSW 18.5%)

**16.9%** of the population are aged **65 years +** (NSW 16.3%)

### IMMUNISATION

WHO WAS FULLY IMMUNISED IN 2016-17?

**94%** of **1 YEAR OLDS** (Australia 93.8%)

**93.1%** of **2 YEAR OLDS** (Australia 90.9%)

**94.1%** of **5 YEAR OLDS** (Australia 93.5%)



### MENTAL HEALTH

**HIGH OR VERY HIGH PSYCHOLOGICAL DISTRESS** was experienced by **10.4** of every 100 adults in 2014-15 (NSW 11)

**CHRONIC MENTAL AND BEHAVIOURAL PROBLEMS** were experienced by **14.0** of every 100 people in 2011-12 (NSW 13.1)

There were **47 HOSPITALISATIONS** for **INTENTIONAL SELF-HARM** in 2014-16 at a rate of **156.6** per 100,000 people which was **SIMILAR TO** the **NSW RATE**



**24 PEOPLE DIED BY SUICIDE** between 2000 and 2013

### RATES OF CHRONIC DISEASE

**DIABETES MELLITUS**  
**4.7** per 100 (NSW 5.8)

**HIGH CHOLESTEROL**  
**33.0** per 100 (NSW 32.4)

**CIRCULATORY SYSTEM DISEASE**  
**19.2** per 100 (NSW 17.8)

**ASTHMA**  
**12.3** per 100 (NSW 9.6)

**CHRONIC OBSTRUCTIVE PULMONARY DISEASE**  
**2.9** per 100 (NSW 2.6)

**ARTHRITIS**  
**16.2** per 100 (NSW 15.3)  
(2011-12)

For every 100 people of working age there are 54 who aren't

There are **4 people per km<sup>2</sup>** (NSW 10)

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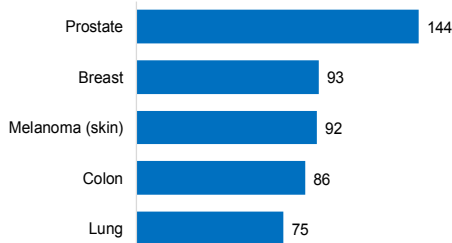
## Armidale Regional LGA

### CANCER INCIDENCE

**169 NEW CASES**  
of cancer were diagnosed  
in 2013

**CANCER INCIDENCE**  
in 2013  
(Armidale 511.4, Guyra  
540.9 per 100,000)  
was **HIGHER THAN THE  
NSW RATE (500.5)**

Most **COMMON CANCER TYPES**  
(number of cases, 2009-13)



### CANCER MORTALITY

**58 PEOPLE DIED FROM  
CANCER** in 2013

The mortality rate (Armidale  
172.9, Guyra 157.2 per  
100,000) was **HIGHER THAN  
THE NSW RATE (170)**



### HPV VACCINATION

**66.5% of teenaged GIRLS and 65.5% of  
BOYS** in 2016 were fully **VACCINATED  
AGAINST HPV** (NSW 82.5%, 69.9%)

### SERVICES WE COMMISSION IN THE AREA

Allied Health  
Services

Drug & Alcohol  
Treatment  
Services

Mental Health  
Services

Suicide  
Prevention  
Services

Indigenous  
Health &  
Mental Health  
Services

Primary  
Health Care  
Nursing

### CANCER SCREENING PARTICIPATION 2015-16

There are **LOWER BREAST SCREENING** rates amongst  
**ABORIGINAL AND TORRES STRAIT ISLANDER (44.5%)**,

**Breast Screening**  
(NSW 53%) **65.6%** **1,249 WOMEN UNSCREENED**

**Cervical Screening**  
(NSW 56.3%) **57.1%** **3,681 WOMEN UNSCREENED**

**Bowel Screening**  
(NSW 37.8%) **43.8%** **1,243 PEOPLE UNSCREENED**

### POTENTIALLY PREVENTABLE HOSPITALISATIONS

Between 2014 and 2016 there were **753.9 POTENTIALLY  
PREVENTABLE HOSPITALISATIONS EACH YEAR**  
at a rate of 2490.9 per 100,000  
This was **SIGNIFICANTLY HIGHER THAN  
THE NSW RATE (2,104.2)**



### ACCESS TO SERVICES

In 2014 **752 PEOPLE** experienced a **BARRIER TO HEALTH CARE ACCESS**  
with **COST BEING THE MAIN REASON** at a rate of 3.4 per 100 people (NSW 2.5)

In 2014 **918 PEOPLE** experienced difficulty or  
**COULDN'T GET TO PLACES WITH TRANSPORT**  
at a rate of 4.0 per 100 people (NSW 4.3)



In 2016 **78.9% OF HOUSES** were able to **ACCESS THE INTERNET** (NSW 82.5%)

There are **9 GENERAL PRACTICES** in the area  
and **FOR EVERY FULL-TIME GP THERE ARE 1,167 PEOPLE**



There are **3 ABORIGINAL MEDICAL SERVICES** and **3 PUBLIC HOSPITALS**



**18,787** patients presented to the Armidale, Guyra and Tingha **EMERGENCY DEPARTMENTS**  
in 2016-17, **12,628** were **SEMI OR NON-URGENT PRESENTATIONS**  
and could have been managed in general practice

### DATA SOURCES

> Australian Government Department of Jobs and Small Business (2018). *Small Area Labour Markets*. [www.jobs.gov.au](http://www.jobs.gov.au) > Australian Bureau of Statistics (2018). *2016 Census Quickstats*. [www.censusdata.gov.au](http://www.censusdata.gov.au) > Australian Institute of Health and Welfare (2018). *MyHealthy Communities*. [www.myhealthycommunities.gov.au](http://www.myhealthycommunities.gov.au) > Australian Institute of Health and Welfare (2018). *MyHospitals*. [www.myhospitals.gov.au](http://www.myhospitals.gov.au) > Cancer Institute NSW (2017). *Cancer Statistics NSW*. [www.cancerinstitute.org.au](http://www.cancerinstitute.org.au) > Cancer Institute NSW (2017). *Reporting for Better Cancer Outcomes Performance Report 2017: Hunter New England and Central Coast PHN*. Cancer Institute NSW. > Centre for Epidemiology and Evidence (2018). *HealthStats NSW*. [www.healthstats.nsw.gov.au](http://www.healthstats.nsw.gov.au) > NSW Department of Planning and Environment (2017). *2016 NSW Projection Data by LGA*. [www.planning.nsw.gov.au](http://www.planning.nsw.gov.au) > Public Health Information Development Unit (2017). *Social Health Atlas of Australia: Data by Local Government Area*. [www.phidu.torrens.edu.au](http://www.phidu.torrens.edu.au)