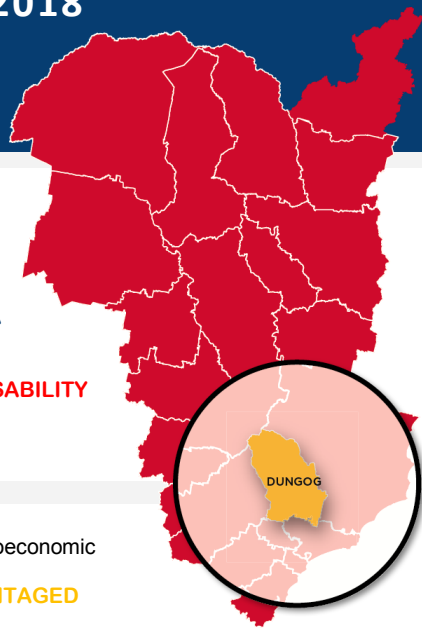


# POPULATION HEALTH SNAPSHOT 2018

## Dungog LGA



### OUR PEOPLE



**454 PEOPLE IDENTIFY AS ABORIGINAL AND TORRES STRAIT ISLANDER** this is **5.1%** of the population (NSW 2.9%)

**86.7%** of the population was **BORN IN AUSTRALIA** (NSW 65.5%)

**510 PEOPLE** have a **PROFOUND OR SEVERE DISABILITY** this is **6.1%** of the population (NSW 5.6%)

### SOCIAL AND ECONOMIC FACTORS IMPACTING HEALTH

The SEIFA Index of Relative Socioeconomic Disadvantage score is **989**, **DUNGOG** is **MORE DISADVANTAGED** than **AUSTRALIA** (1000)

The **UNEMPLOYMENT RATE** in 2017 was **3.3%** (NSW 4.8%)

**20.7 in 100** people had **GOVERNMENT SUPPORT AS THEIR MAIN SOURCE OF INCOME** for 13 months or more in 2013 and 2014 (NSW 20.4)



**80.4%** of **15 - 24 YEAR OLDS** were **EARNING OR LEARNING** in 2016 (NSW 85%)



### HEALTH RISKS

FOR EVERY 100 ADULTS IN 2014-15:



**19.8 SMOKED** (NSW 16)

**23.2** consumed **ALCOHOL** at **HIGH RISK** (NSW 16.7)



**34.1** were **OVERWEIGHT** (NSW 37.4) and another **38.3** were **OBESE** (NSW 28.2)

**48.0** **ATE ENOUGH FRUIT** (NSW 49.2)



**73.7** had **LOW OR NO EXERCISE** (NSW 67.1)

### MUMS AND BUBS

The **TOTAL FERTILITY RATE** in 2013-15 was **1.8 BIRTHS PER WOMAN** (NSW 1.9)

**13.4%** of mothers **SMOKED IN PREGNANCY** in 2014-16 which was **SIGNIFICANTLY HIGHER** than the **NSW AVERAGE**

**4.9%** of babies born in 2012-14 were **LOW BIRTH-WEIGHT** (NSW 5.2%)

A **FIRST TRIMESTER ANTENATAL VISIT** occurred in **79.6%** of pregnancies in 2014-16 which was **SIGNIFICANTLY HIGHER** than the **NSW AVERAGE**



### IMMUNISATION

WHO WAS FULLY IMMUNISED IN 2016-17?

**95.4%** of **1 YEAR OLDS** (Australia 93.8%)

**92.7%** of **2 YEAR OLDS** (Australia 90.9%)

**96.4%** of **5 YEAR OLDS** (Australia 93.5%)



### MENTAL HEALTH

**HIGH OR VERY HIGH PSYCHOLOGICAL DISTRESS** was experienced by **10.8** of every 100 adults in 2014-15 (NSW 11)

**CHRONIC MENTAL AND BEHAVIOURAL PROBLEMS** were experienced by **14.3** of every 100 people in 2011-12 (NSW 13.1)

There were **14 HOSPITALISATIONS** for **INTENTIONAL SELF-HARM** in 2014-16 at a rate of **152.8** per 100,000 people which was **SIMILAR TO** the **NSW RATE**



**12 PEOPLE DIED BY SUICIDE** between 2000 and 2013

### RATES OF CHRONIC DISEASE

**DIABETES MELLITUS**  
**4.3** per 100 (NSW 5.8)

**HIGH CHOLESTEROL**  
**31.1** per 100 (NSW 32.4)

**CIRCULATORY SYSTEM DISEASE**  
**18.0** per 100 (NSW 17.8)

**ASTHMA**  
**11.4** per 100 (NSW 9.6)

**CHRONIC OBSTRUCTIVE PULMONARY DISEASE**  
**2.8** per 100 (NSW 2.6)

**ARTHRITIS**  
**16.1** per 100 (NSW 15.3)  
(2011-12)

**POPULATION**  
**8,975**

The population will be approximately **8,950** in 2036

**18.6%** of the population are aged **0-14 years** (NSW 18.5%)

**20%** of the population are aged **65 years +** (NSW 16.3%)

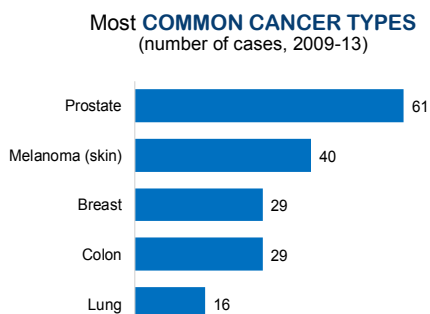
For every 100 people of working age there are **63** who aren't

There are **4** people per **km<sup>2</sup>** (NSW 10)

## CANCER INCIDENCE

**61 NEW CASES**  
of cancer were diagnosed  
in 2013

**CANCER INCIDENCE**  
in 2013  
(502.8 per 100,000)  
was **HIGHER THAN THE**  
**NSW RATE (500.5)**



## CANCER MORTALITY

**21 PEOPLE DIED FROM**  
**CANCER** in 2013

The mortality rate (161 per  
100,000) was **LOWER THAN**  
**THE NSW RATE (170)**



## HPV VACCINATION

**76.0%** of teenaged **GIRLS** and **83.4%** of  
**BOYS** in 2016 were fully **VACCINATED**  
**AGAINST HPV** (NSW 82.5%, 69.9%)

## SERVICES WE COMMISSION IN THE AREA

Allied Health  
Services

Mental Health  
Services

Suicide  
Prevention  
Services

Indigenous  
Health  
Services

Indigenous  
Mental Health  
Services

## CANCER SCREENING PARTICIPATION 2015-16

There are **LOWER BREAST SCREENING** rates amongst  
**ABORIGINAL AND TORRES STRAIT ISLANDER (58.8%)** women

Breast Screening  
(NSW 53%)

**65%**

**453 WOMEN UNSCREENED**

Cervical Screening  
(NSW 56.3%)

**58.2%**

**957 WOMEN UNSCREENED**

Bowel Screening  
(NSW 37.8%)

**45%**

**430 PEOPLE UNSCREENED**

## POTENTIALLY PREVENTABLE HOSPITALISATIONS

Between 2014 and 2016 there were **186.2 POTENTIALLY**  
**PREVENTABLE HOSPITALISATIONS EACH YEAR**  
at a rate of 2,047 per 100,000  
This was **SIMILAR TO THE NSW RATE (2,104.2)**



## ACCESS TO SERVICES

In 2014 **120 PEOPLE** experienced a **BARRIER TO HEALTH CARE ACCESS**  
with **COST BEING THE MAIN REASON** at a rate of 1.9 per 100 people (NSW 2.5)



In 2014 **282 PEOPLE** experienced difficulty or  
**COULDN'T GET TO PLACES WITH TRANSPORT**  
at a rate of 3.9 per 100 people (NSW 4.3)



In 2016 **77.3% OF HOUSES** were able to **ACCESS THE INTERNET** (NSW 82.5%)

There are **3 GENERAL PRACTICES** in the area  
and **FOR EVERY FULL-TIME GP THERE ARE 2,370 PEOPLE**



There is **1 PUBLIC HOSPITAL**



**2,241** patients presented to the Dungog **EMERGENCY DEPARTMENT** in 2016-17,  
**1,960** were **SEMI OR NON-URGENT PRESENTATIONS**  
and could have been managed in general practice

## DATA SOURCES

> Australian Government Department of Jobs and Small Business (2018). *Small Area Labour Markets*. [www.jobs.gov.au](http://www.jobs.gov.au) > Australian Bureau of Statistics (2017). *2016 Census Quickstats*. [www.censusdata.gov.au](http://www.censusdata.gov.au) > Australian Institute of Health and Welfare (2018). *MyHealthy Communities*. [www.myhealthycommunities.gov.au](http://www.myhealthycommunities.gov.au) > Australian Institute of Health and Welfare (2018). *MyHospitals*. [www.myhospitals.gov.au](http://www.myhospitals.gov.au) > Cancer Institute NSW (2017). *Cancer Statistics NSW*. [www.cancerinstitute.org.au](http://www.cancerinstitute.org.au) > Cancer Institute NSW (2017). *Reporting for Better Cancer Outcomes Performance Report 2017: Hunter New England and Central Coast PHN*. Cancer Institute NSW. > Centre for Epidemiology and Evidence (2018). *HealthStats NSW*. [www.healthstats.nsw.gov.au](http://www.healthstats.nsw.gov.au) > NSW Department of Planning and Environment (2017). *2016 NSW Projection Data by LGA*.

[www.planning.nsw.gov.au](http://www.planning.nsw.gov.au) > Public Health Information Development Unit (2017). *Social Health Atlas of Australia: Data by Local Government Area*. [www.phidu.torrens.edu.au](http://www.phidu.torrens.edu.au)