



Health

Hunter New England
Local Health District

awabakal
OUR PEOPLE

Working in Partnership - Healthy Babies, Healthy Families and Healthy Communities

Julie Rose- Senior Aboriginal Family Health Practitioner

Awabakal Mums and Bubs

Leanne Morris- Manager

Birra Li Aboriginal Maternal and Child Health Service



Awabakal Mums and Bubs



- Provide medical and cultural support to children and families in Newcastle, Lake Macquarie, Port Stephens and the Hunter.
- Assist families to take charge of their own, as well as their children's health & well being.
- Services include:

Clinical & Support Service for Mums & their Bubs

Health Promotional Activities

Networking and Collaborating Services

Childhood & Family Health

Mums & Bubs Group & Clinic

Baby Welcoming Ceremony



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- Provide care from early pregnancy to children are 5
- Multidisciplinary team – 20 staff
- Cover Lake Macquarie, Port Stephens and Newcastle LGA's
- Health Checks and Immunisations
- Antenatal Classes
- Parents Group



Artwork by Saretta Fielding

Working in Partnership



- Choice for Women
- Women can access both services
- Seamless transition between services
- Tours of Birthing Suite
- Antenatal Classes
- Community Reference Group
- Ongoing communication

Questions???

