We acknowledge the traditional custodians of the land we walk upon today and respect their continuing culture and the contribution they make to the life of this vast region. Aboriginal Nations within the HNECC region include:

- Anaiwan and Nganyaywana
- Awabakal
- Biripi
- Darkinjung
- Dunghutti
- Geawegal
- Kamilaroi
- Kuring-gai
- Ngarabal
- Wonnaru
- Worimi

5.4% of Aboriginal and Torres Strait Islander people in our region aged 15 years+ RATE THEIR HEALTH AS VERY GOOD OR EXCELLENT, 36.8% RATE THEIR HEALTH AS GOOD, AND 21% RATE THEIR HEALTH AS POOR OR FAIR (Australia 39.3%; 36.5%; 24.2%)

Aboriginal and Torres Strait Islander people eligible for an annual 715 Health Assessment. In our region, 16,471 of these health checks were performed in 2015-16, that’s ONLY ONE FOR EVERY FOUR Aboriginal and Torres Strait Islander people. Increasing access to these health checks will help close the life expectancy gap.

Over 1.2 Million people live in our region

73% of Aboriginal and Torres Strait Islander people in our region have AT LEAST ONE LONG TERM HEALTH CONDITION (Australia 67.4%),

21.2% have ONE CONDITION and 51.9% HAVE TWO OR MORE (Australia 20.9% and 46.5%)

22.6% of Aboriginal and Torres Strait Islander people in our region HAVE ASTHMA (Australia 17.5%)
Hospitalisations In Our Region By Cause

Potentially Preventable Hospitalisations

There were 28,274 hospitalisations of Aboriginal and Torres Strait Islander people in our region at a rate of 60,044 per 100,000 people (NSW rate 62,024), by comparison non-Indigenous people were hospitalised at a rate of 34,119 per 100,000 (NSW 33,804).

THE MOST COMMON CAUSE OF HOSPITALISATIONS FOR ABORIGINAL AND TORRES STRAIT ISLANDER PEOPLE IS DIALYSIS, for which they are more than four times as likely to be hospitalised as non-Indigenous.

PROPORTIONS ARE ESTIMATED FROM INDIGENOUS AREAS THAT MAKE UP THE HNECC REGION AND MAY VARY SLIGHTLY FROM ACTUAL PROPORTIONS.

Breast screening in Aboriginal and Torres Strait Islander women is slowly increasing but close to 2,208 Aboriginal and Torres Strait Islander women in our region went unscreened in 2015/16.

The Central Coast has the lowest breast screening rates for Aboriginal and Torres Strait Islander women.

LGA's with the highest breast screening rates for Aboriginal and Torres Strait Islander women:
- GLOUCESTER (71.1%)
- MUSWELLBROOK (67.6%)
- TENTERFIELD (66.2%)

Aboriginal and Torres Strait Islander women are less likely to participate in breast screening than non-Indigenous women.

HOSPITALISATIONS

FACTORS WHICH IMPACT ON HEALTH

78.2% of Aboriginal and Torres Strait Islander people in our region are participating full-time in secondary school at 16 years (Australia 71.3%)

22% of Aboriginal and Torres Strait Islander households in our region don’t have access to the internet (Australia 23.6%)

14.7% of Aboriginal and Torres Strait Islander people in our region aged 15 years+ provide unpaid assistance to someone with a disability (Australia 13.7%)

46.8% of Aboriginal and Torres Strait Islander families in our region are single parent families (Australia 45.9%)

11.7% of Aboriginal and Torres Strait Islander families in our region have a low income (Australia 13.1%)

SOURCES


