2,174 PEOPLE IDENTIFY AS ABORIGINAL AND TORRES STRAIT ISLANDER this is 7.4% of the population (NSW 2.9%)
79.5% of the population was BORN IN AUSTRALIA (NSW 65.5%)
1,491 PEOPLE have a PROFOUND OR SEVERE DISABILITY this is 5.3% of the population (NSW 5.6%)

OUR PEOPLE

THE SEIFA INDEX OF RELATIVE SOCIOECONOMIC DISADVANTAGE score is 980, the Armidale Regional LGA is more disadvantaged than AUSTRALIA (1000)
The UNEMPLOYMENT RATE in 2017 was 5.8% (NSW 4.8%)
20.8 in 100 people had GOVERNMENT SUPPORT AS THEIR MAIN SOURCE OF INCOME for 13 months or more in 2013 and 2014 (NSW 20.4)
83.2% of 15 - 24 YEAR OLDS were EARNING OR LEARNING in 2016 (NSW 85%)

SOCIAL AND ECONOMIC FACTORS IMPACTING HEALTH

FOR EVERY 100 ADULTS IN 2014-15:
15.7 SMOKED (NSW 16)
18.3 consumed ALCOHOL at HIGH RISK (NSW 16.7)
33.1 were OVERWEIGHT (NSW 37.4) and another 33.5 were OBESE (NSW 28.2)
49.2 ATE ENOUGH FRUIT (NSW 49.2)
69.9 had LOW OR NO EXERCISE (NSW 67.1)

HEALTH RISKS

WHO WAS FULLY IMMUNISED IN 2016-17?
94% of 1 YEAR OLDS (Australia 93.8%)
93.1% of 2 YEAR OLDS (Australia 90.9%)
94.1% of 5 YEAR OLDS (Australia 93.5%)

IMMUNISATION

CHRONIC MENTAL AND BEHAVIOURAL PROBLEMS were experienced by 14.0 of every 100 people in 2011-12 (NSW 13.1)

MENTAL HEALTH

THE TOTAL FERTILITY RATE in 2013-15 was
2.0 BIRTHS PER WOMAN (NSW 1.9)
16.1% of mothers SMOKED IN PREGNANCY in 2014-16 which was SIGNIFICANTLY HIGHER than the NSW AVERAGE
7.9% of babies born in 2012-14 were LOW BIRTH-WEIGHT (NSW 5.2%)
A FIRST TRIMESTER ANTENATAL VISIT occurred in 62.6% of pregnancies in 2014-16 which was SIMILAR TO the NSW AVERAGE

MUMS AND BUBS

NUMBERS OF CHRONIC DISEASE

DIABETES MELLITUS 4.7 per 100 (NSW 5.8)
HIGH CHOLESTEROL 33.0 per 100 (NSW 32.4)
CIRCULATORY SYSTEM DISEASE 19.2 per 100 (NSW 17.8)
ASTHMA 12.3 per 100 (NSW 9.6)
CHRONIC OBSTRUCTIVE PULMONARY DISEASE 2.9 per 100 (NSW 2.6)
ARTHRITIS 16.2 per 100 (NSW 15.3)

RATES OF CHRONIC DISEASE

There are 4 people per km² (NSW 10)

18.1% of the population are aged 0-14 years (NSW 18.5%)
16.9% of the population are aged 65 years + (NSW 16.3%)

The population will grow to approximately 38,600 in 2036

Hunter New England and Central Coast PHN acknowledges the traditional owners and custodians of the lands that we live and work on as the First People of this Country.
**POPULATION HEALTH SNAPSHOT 2018**

**Armidale Regional LGA**

**CANCER INCIDENCE**

169 NEW CASES of cancer were diagnosed in 2013

**CANCER INCIDENCE** in 2013 (Armidale 511.4, Guyra 540.9 per 100,000) was HIGHER THAN THE NSW RATE (500.5)

**Most COMMON CANCER TYPES** (number of cases, 2009-13)

- Prostate: 144
- Breast: 93
- Melanoma (skin): 92
- Colon: 86
- Lung: 75

**CANCER MORTALITY**

58 PEOPLE DIED FROM CANCER in 2013

The mortality rate (Armidale 172.9, Guyra 157.2 per 100,000) was HIGHER THAN THE NSW RATE (170)

**HPV VACCINATION**

66.5% of teenaged GIRLS and 65.5% of BOYS in 2016 were fully VACCINATED AGAINST HPV (NSW 82.5%, 69.9%)

**CANCER SCREENING PARTICIPATION 2015-16**

Breast Screening (NSW 53%)

- 65.6% 1,249 WOMEN UNSCREENED

Cervical Screening (NSW 56.3%)

- 57.1% 3,681 WOMEN UNSCREENED

Bowel Screening (NSW 37.8%)

- 43.8% 1,243 PEOPLE UNSCREENED

**POTENTIALLY PREVENTABLE HOSPITALISATIONS**

Between 2014 and 2016 there were 753.9 POTENTIALLY PREVENTABLE HOSPITALISATIONS EACH YEAR at a rate of 2490.9 per 100,000

This was SIGNIFICANTLY HIGHER THAN THE NSW RATE (2,104.2)

**ACCESS TO SERVICES**

In 2014 752 PEOPLE experienced a BARRIER TO HEALTH CARE ACCESS with COST BEING THE MAIN REASON at a rate of 3.4 per 100 people (NSW 2.5)

In 2014 918 PEOPLE experienced difficulty or COULDN’T GET TO PLACES WITH TRANSPORT at a rate of 4.0 per 100 people (NSW 4.3)

In 2016 78.9% OF HOUSES were able to ACCESS THE INTERNET (NSW 82.5%)

There are 9 GENERAL PRACTICES in the area and FOR EVERY FULL-TIME GP THERE ARE 1,167 PEOPLE

There are 3 ABORIGINAL MEDICAL SERVICES and 3 PUBLIC HOSPITALS

18,787 patients presented to the Armidale, Guyra and Tingha EMERGENCY DEPARTMENTS in 2016-17. 12,628 were SEMI OR NON-URGENT PRESENTATIONS and could have been managed in general practice

**DATA SOURCES**

> Cancer Institute NSW. www.cancerinstitute.org.au
> HealthStats NSW. www.healthstats.nsw.gov.au

For further information please contact us healthplanning@hneccphn.com.au or visit our website hneccphn.com.au

Updated March 2018