12,485 PEOPLE IDENTIFY AS ABORIGINAL AND TORRES STRAIT ISLANDER this is 3.8% of the population (NSW 2.9%)

78.8% of the population was BORN IN AUSTRALIA (NSW 65.5%)

20,818 PEOPLE have a PROFOUND OR SEVERE DISABILITY this is 6.7% of the population (NSW 5.6%)

FOR EVERY 100 ADULTS IN 2014-15:
- 20.1 SMOKED (NSW 16)
- 19.5 consumed ALCOHOL at HIGH RISK (NSW 16.7)
- 36.4 were OVERWEIGHT (NSW 37.4) and another 31.7 were OBESE (NSW 28.2)
- 48.1 ATE ENOUGH FRUIT (NSW 49.2)
- 68.1 had LOW OR NO EXERCISE (NSW 67.1)

WHO WAS FULLY IMMUNISED IN 2016-17?
- 1 YEAR OLDS - 94.5% (Gosford), 96.6% (Wyong), (Aust. 93.8%)
- 2 YEAR OLDS - 92.1% (Gosford), 93.8% (Wyong), (Aust. 90.9%)
- 5 YEAR OLDS - 94.2% (Gosford), 96.3% (Wyong) (Aust. 93.5%)

HIGH OR VERY HIGH PSYCHOLOGICAL DISTRESS was experienced by 12.4 of every 100 adults in 2014-15 (NSW 13.1)

CHRONIC MENTAL AND BEHAVIOURAL PROBLEMS were experienced by 14.9 of every 100 people in 2011-12 (NSW 13.1)

There were 507 HOSPITALISATIONS for INTENTIONAL SELF-HARM in 2014-16 at a rate of 151.7 per 100,000 people which was SIGNIFICANTLY HIGHER than the NSW RATE

451 PEOPLE DIED BY SUICIDE between 2000 and 2013

For every 100 people of working age there are 65 who aren’t

IMMUNISATION

MUMS AND BUBS

The TOTAL FERTILITY RATE in 2013-15 was 2.0 BIRTHS PER WOMAN (NSW 1.9)

12.3% of mothers SMOKED IN PREGNANCY in 2014-16 which was SIGNIFICANTLY HIGHER than the NSW AVERAGE

5% of babies born in 2012-14 were LOW BIRTH-WEIGHT (NSW 5.2%)

A FIRST TRIMESTER ANTENATAL VISIT occurred in 49.1% of pregnancies in 2014 which was SIGNIFICANTLY LOWER than the NSW AVERAGE

RATES OF CHRONIC DISEASE

DIABETES MELLITUS 4.8 per 100 (NSW 5.8)

HIGH CHOLESTEROL 32.9 per 100 (NSW 32.4)

CIRCULATORY SYSTEM DISEASE 18.6 per 100 (NSW 17.8)

ASTHMA 10.8 per 100 (NSW 9.6)

CHRONIC OBSTRUCTIVE PULMONARY DISEASE 3.1 per 100 (NSW 2.6)

ARTHRITIS 16.6 per 100 (NSW 15.3) (2011-12)

There are 201 people per km² (NSW 10)

Hunter New England and Central Coast PHN acknowledges the traditional owners and custodians of the lands that we live and work on as the First People of this Country.
For further information please contact us healthplanning@hneccphn.com.au or visit our website hneccphn.com.au

Updated March 2018

POPULATION HEALTH SNAPSHOT 2018
Central Coast LGA

**SERVICES WE COMMISSION ON THE CENTRAL COAST**

- Cancer Screening & Immunisation Clinics
- Drug & Alcohol Treatment Services
- Headspace centres
- Indigenous Health & Mental Health Services
- GP After Hours Services

CANCER INCIDENCE
2,312 NEW CASES of cancer were diagnosed in 2013

CANCER INCIDENCE
in 2013
(Gosford 523.5, Wyong 546.4 per 100,000)
was HIGHER THAN THE NSW RATE (500.5)

The Central Coast is a MELANOMA HOTSPOT

**CANCER MORTALITY**
911 PEOPLE DIED FROM CANCER in 2013
The mortality rate (Gosford 174, Wyong 194.6 per 100,000) was HIGHER THAN THE NSW RATE (170)

- **HPV VACCINATION**
  88.4% of teenaged GIRLS and 77.2% of BOYS in 2016 were fully VACCINATED AGAINST HPV (NSW 82.5%, 69.9%)

**CANCER SCREENING PARTICIPATION 2015-16**
Breast Screening (NSW 53%)
49.7%
22,046 WOMEN UNSCREENED

Cervical Screening (NSW 56.3%)
57.7%
37,806 WOMEN UNSCREENED

Bowel Screening (NSW 37.8%)
37.7%
17,859 PEOPLE UNSCREENED

**POTENTIALLY PREVENTABLE HOSPITALISATIONS**
Between 2014 and 2016 there were 7,590.6 POTENTIALLY PREVENTABLE HOSPITALISATIONS EACH YEAR at a rate of 2,272.2 per 100,000
This was SIGNIFICANTLY HIGHER THAN THE NSW RATE (2,104.2)

**ACCESS TO SERVICES**
In 2014 6,936 PEOPLE experienced a BARRIER TO HEALTH CARE ACCESS with COST BEING THE MAIN REASON at a rate of 3.0 per 100 people (NSW 2.5)

In 2014 11,396 PEOPLE experienced difficulty or COULDN’T GET TO PLACES WITH TRANSPORT at a rate of 4.3 per 100 people (NSW 4.3)

In 2016 80.6% OF HOUSES were able to ACCESS THE INTERNET (NSW 82.5%)

There are 104 GENERAL PRACTICES in the area and FOR EVERY FULL-TIME GP THERE ARE 1,043 PEOPLE

There are 2 ABORIGINAL MEDICAL SERVICES and 2 PUBLIC HOSPITALS

130,998 patients presented to the Gosford and Wyong EMERGENCY DEPARTMENTS in 2016-17, 69,229 were SEMI OR NON-URGENT PRESENTATIONS and could have been managed in general practice

**DATA SOURCES**
> Cancer Institute NSW. www.cancerinstiitute.org.au
> Centre for Epidemiology and Evidence (2018). HealthStats NSW. www.healthstats.nsw.gov.au

**Most COMMON CANCER TYPES**
(number of cases, 2009-13)

- Prostate: 1,625
- Breast: 1,398
- Melanoma (skin): 1,246
- Lung: 1,140
- Colon: 974

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The mortality rate (Gosford 174, Wyong 194.6 per 100,000) was HIGHER THAN THE NSW RATE (170)

**Mental Health & Suicide Prevention Services**

**Drug & Alcohol Treatment Services**

**Indigenous Health & Mental Health Services**

**Headspace centres**

**GP After Hours Services**

**POPULATION HEALTH SNAPSHOT 2018**

**Central Coast LGA**

**FORESTHプランニングの必要性と重要性**

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