**OUR PEOPLE**

- **454 PEOPLE IDENTIFY AS ABORIGINAL AND TORRES STRAIT ISLANDER** this is 5.1% of the population (NSW 2.9%)
- **86.7% of the population was BORN IN AUSTRALIA** (NSW 65.5%)
- **510 PEOPLE have a PROFOUNDED SEVERE DISABILITY** this is 6.1% of the population (NSW 5.6%)

**SOCIAL AND ECONOMIC FACTORS IMPACTING HEALTH**

- **The SEIFA Index of Relative Socioeconomic Disadvantage score is 989, DUNGOG is MORE DISADVANTAGED than AUSTRALIA (1000)**

**HEALTH RISKS**

- **FOR EVERY 100 ADULTS IN 2014-15:**
  - 19.8 SMOKED (NSW 16)
  - 23.2 consumed ALCOHOL at HIGH RISK (NSW 16.7)
  - 34.1 were OVERWEIGHT (NSW 37.4) and another 38.3 were OBESE (NSW 28.2)
  - 48.0 ATE ENOUGH FRUIT (NSW 49.2)
  - 73.7 had LOW OR NO EXERCISE (NSW 67.1)

**MUMS AND BUBS**

- **The TOTAL FERTILITY RATE in 2013-15 was 1.8 BIRTHS PER WOMAN** (NSW 1.9)
- **13.4% of mothers SMOKED IN PREGNANCY in 2014-16 which was SIGNIFICANTLY HIGHER than the NSW AVERAGE**
- **4.9% of babies born in 2012-14 were LOW BIRTH-WEIGHT (NSW 5.2%)**
- **A FIRST TRIMESTER ANTENATAL VISIT occurred in 79.6% of pregnancies in 2014-16 which was SIGNIFICANTLY HIGHER than the NSW AVERAGE**

**IMMUNISATION**

- **WHO WAS FULLY IMMUNISED IN 2016-17?**
  - 95.4% of 1 YEAR OLDS (Australia 93.8%)
  - 92.7% of 2 YEAR OLDS (Australia 90.9%)
  - 96.4% of 5 YEAR OLDS (Australia 93.5%)

**MENTAL HEALTH**

- **HIGH OR VERY HIGH PSYCHOLOGICAL DISTRESS** was experienced by 10.8 of every 100 adults in 2014-15 (NSW 11)
- **CHRONIC MENTAL AND BEHAVIOURAL PROBLEMS** were experienced by 14.3 of every 100 people in 2011-12 (NSW 13.1)
- **There were 14 HOSPITALISATIONS for INTENTIONAL SELF-HARM in 2014-16 at a rate of 152.8 per 100,000 people which was SIMILAR TO the NSW RATE**
- **12 PEOPLE DIED BY SUICIDE between 2000 and 2013**

**RATES OF CHRONIC DISEASE**

- **DIABETES MELLITUS** 4.3 per 100 (NSW 5.8)
- **HIGH CHOLESTEROL** 31.4 per 100 (NSW 32.4)
- **CIRCULATORY SYSTEM DISEASE** 18.0 per 100 (NSW 17.8)
- **ASTHMA** 11.4 per 100 (NSW 9.6)
- **CHRONIC OBSTRUCTIVE PULMONARY DISEASE** 2.8 per 100 (NSW 2.6)
- **ARTHRITIS** 16.1 per 100 (NSW 15.3) (2011-12)

**POPULATION HEALTH SNAPSHOT 2018**

**Dungog LGA**

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**POPULATION**

- **8,975**

**18.6% of the population are aged 0-14 years (NSW 18.5%)**

**20% of the population are aged 65 years + (NSW 16.3%)**

**For every 100 people of working age there are 63 who aren’t**

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Hunter New England and Central Coast PHN acknowledges the traditional owners and custodians of the lands that we live and work on as the First People of this Country.
POPULATION HEALTH SNAPSHOT 2018
Dungog LGA

CANCER INCIDENCE

61 NEW CASES of cancer were diagnosed in 2013

CANCER INCIDENCE in 2013 (502.8 per 100,000) was HIGHER THAN THE NSW RATE (500.5)

Most COMMON CANCER TYPES (number of cases, 2009-13)

- Prostate: 61
- Melanoma (skin): 40
- Breast: 29
- Colon: 29
- Lung: 16

CANCER MORTALITY

21 PEOPLE DIED FROM CANCER in 2013

The mortality rate (161 per 100,000) was LOWER THAN THE NSW RATE (170)

HPV VACCINATION

76.0% of teenaged GIRLS and 83.4% of BOYS in 2016 were fully VACCINATED AGAINST HPV (NSW 82.5%, 69.9%)

CANCER SCREENING PARTICIPATION 2015-16

- Breast Screening (NSW 53%): 65% - 453 WOMEN UNSCREENED
- Cervical Screening (NSW 56.3%): 58.2% - 957 WOMEN UNSCREENED
- Bowel Screening (NSW 37.8%): 45% - 430 PEOPLE UNSCREENED

POTENTIALLY PREVENTABLE HOSPITALISATIONS

Between 2014 and 2016 there were 186.2 POTENTIALLY PREVENTABLE HOSPITALISATIONS EACH YEAR at a rate of 2.047 per 100,000

This was SIMILAR TO THE NSW RATE (2.104.2)

ACCESS TO SERVICES

In 2014 120 PEOPLE experienced a BARRIER TO HEALTH CARE ACCESS with COST BEING THE MAIN REASON at a rate of 1.9 per 100 people (NSW 2.5)

In 2014 282 PEOPLE experienced difficulty or COULDN’T GET TO PLACES WITH TRANSPORT at a rate of 3.9 per 100 people (NSW 4.3)

In 2016 77.3% OF HOUSES were able to ACCESS THE INTERNET (NSW 82.5%)

There are 3 GENERAL PRACTICES in the area and FOR EVERY FULL-TIME GP THERE ARE 2,370 PEOPLE

There is 1 PUBLIC HOSPITAL

2,241 patients presented to the Dungog EMERGENCY DEPARTMENT in 2016-17, 1,960 were SEMI OR NON-URGENT PRESENTATIONS and could have been managed in general practice

DATA SOURCES


For further information please contact us healthplanning@hneccphn.com.au or visit our website hneccphn.com.au

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