OUR PEOPLE

- **300 people identify as Aboriginal and Torres Strait Islander** this is 5.7% of the population (NSW 2.9%)
- **84.5%** of the population was **born in Australia** (NSW 65.5%)
- **355 people have a profound or severe disability** this is 7.5% of the population (NSW 5.6%)

SOCIAL AND ECONOMIC FACTORS IMPACTING HEALTH

- The SEIFA Index of Relative Socioeconomic Disadvantage score is 941, the Gwydir LGA is **more disadvantaged** than Australia (1000)
- The **unemployment rate** in 2017 was 4.7% (NSW 4.8%)
- **27.4 in 100 people had government support as their main source of income** for 13 months or more in 2013 and 2014 (NSW 20.4)
- **78.1% of 15 - 24 year olds** were earning or learning in 2016 (NSW 85%)

HEALTH RISKS

- **For every 100 adults in 2014-15:**
  - 21.5 **smoked** (NSW 16)
  - 21.8 consumed **alcohol at high risk** (NSW 16.7)
  - 34.2 were **overweight** (NSW 37.4) and another 40.4 were **obese** (NSW 28.2)
  - **46.1 ate enough fruit** (NSW 49.2)
  - **79.9 had low or no exercise** (NSW 67.1)

MUMS AND BUBS

- The **total fertility rate** in 2013-15 was **2.8 births per woman** (NSW 1.9)
- **17.2% of mothers smoked in pregnancy** in 2014-16 which was **significantly higher** than the NSW average
- **3.3% of babies born in 2012-14 were low birth-weight** (NSW 5.2%)
- A **first trimester antenatal visit** occurred in 89.9% of pregnancies in 2014-16 which was **significantly higher** than the NSW average

IMMUNISATION

- **Who was fully immunised in 2016-17:**
  - **93.5%** of 1 year olds (Australia 93.8%)
  - **92.6%** of 2 year olds (Australia 90.9%)
  - **94.9%** of 5 year olds (Australia 93.5%)

MENTAL HEALTH

- **High or very high psychological distress** was experienced by 9.5 of every 100 adults in 2014-15 (NSW 11)
- **Chronic mental and behavioural problems** were experienced by 14.2 of every 100 people in 2011-12 (NSW 13.1)
- There were **9 hospitalisations** for **intentional self-harm** in 2014-16 at a rate of 171 per 100,000 people which was **similar to the NSW rate**
- **3 people died by suicide** between 2000 and 2013

RATES OF CHRONIC DISEASE

- **Diabetes mellitus** 5.5 per 100 (NSW 5.8)
- **High cholesterol** 31.1 per 100 (NSW 32.4)
- **Circulatory system disease** 18.7 per 100 (NSW 17.8)
- **Asthma** 11.8 per 100 (NSW 9.6)
- **Chronic obstructive pulmonary disease** 2.8 per 100 (NSW 2.6)
- **Arthritis** 18.2 per 100 (NSW 15.3) (2011-12)

Hunter New England and Central Coast PHN acknowledges the traditional owners and custodians of the lands that we live and work on as the First People of this Country.
**Population Health Snapshot 2018**

**Gwydir LGA**

### Cancer Incidence

#### 42 New Cases

- **Prostate**
- **Melanoma (skin)**
- **Breast**
- **Lung**
- **Colon**

**Most Common Cancer Types (number of cases, 2009-13)**

- Prostate: 49
- Melanoma (skin): 32
- Breast: 20
- Lung: 20
- Colon: 17

#### Cancer Incidence

- In 2013: 598.7 per 100,000
- Higher than the NSW rate (500.5)

### Cancer Mortality

- **13 People Died from Cancer** in 2013
- The mortality rate (170.9 per 100,000) was similar to the NSW rate (170)

### HPV Vaccination

- 99.4% of teenaged **Girls** and 92.7% of **Boys** in 2016 were fully vaccinated against HPV (NSW 82.5%, 69.9%)

### Cancer Screening Participation 2015-16

- **Breast Screening** (NSW 53%)
  - 70.8%
  - 204 Women Unscreened
- **Cervical Screening** (NSW 56.3%)
  - 62.0%
  - 454 Women Unscreened
- **Bowel Screening** (NSW 37.8%)
  - 42.1%
  - 226 People Unscreened

### Potentially Preventable Hospitalisations

- Between 2014 and 2016 there were **141.3 Potentially Preventable Hospitalisations Each Year** at a rate of 2,786.3 per 100,000
- This was significantly higher than the NSW rate (2,104.2)

### Access to Services

- In 2014 **66 People** experienced a **Barrier to Health Care Access** with cost being the main reason at a rate of 2.0 per 100 people (NSW 2.5)
- In 2014 **170 People** experienced difficulty or couldn’t get to places with transport at a rate of 4.1 per 100 people (NSW 4.3)
- In 2016 **64.1% of Houses** were able to access the internet (NSW 82.5%)
- There are **2 General Practices** in the area
- There are **2 Public Hospitals**
- 2,504 patients presented to the Bingara and Wraiulda Emergency Department in 2016-17, 1,867 were Semi or Non-Urgent Presentations and could have been managed in general practice

### Data Sources