**OUR PEOPLE**

4,087 PEOPLE IDENTIFY AS ABORIGINAL AND TORRES STRAIT ISLANDER this is 5.3%
of the population (NSW 2.9%)

86.7% of the population was BORN IN AUSTRALIA
(NSW 65.5%)

4,445 PEOPLE have a PROFOUNDED SEVERE DISABILITY
this is 6% of the population (NSW 5.6%)

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**HEALTH RISKS**

FOR EVERY 100 ADULTS IN 2014-15:

- 17.9 SMOKED (NSW 16)
- 19.7 consumed ALCOHOL at HIGH RISK (NSW 16.7)
- 33.4 were OVERWEIGHT (NSW 37.4)
  and another 37 were OBESE (NSW 28.2)
- 48.4 ATE ENOUGH FRUIT (NSW 49.2)
- 70.7 had LOW OR NO EXERCISE (NSW 67.1)

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**IMMUNISATION**

WHO WAS FULLY IMMUNISED IN 2016-17:

- 95.7% of 1 YEAR OLDS (Australia 93.8%)
- 94.9% of 2 YEAR OLDS (Australia 90.9%)
- 96.9% of 5 YEAR OLDS (Australia 93.5%)

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**MENTAL HEALTH**

HIGH OR VERY HIGH PSYCHOLOGICAL DISTRESS was experienced by
12.6 of every 100 adults in 2014-15 (NSW 11)

CHRONIC MENTAL AND BEHAVIOURAL PROBLEMS were experienced by 14.1 of every 100 people in 2011-12
(NSW 13.1)

There were 126 HOSPITALISATIONS for INTENTIONAL SELF-HARM in 2014-16 at a rate of
164 per 100,000 people which was SIGNIFICANTLY HIGHER than the NSW RATE

94 PEOPLE DIED BY SUICIDE between 2000 and 2013

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**MUMS AND BUBS**

The TOTAL FERTILITY RATE in 2013-15 was
2.2 BIRTHS PER WOMAN (NSW 1.9)

13.6% of mothers SMOKED IN PREGNANCY in 2014-16 which was SIGNIFICANTLY HIGHER than the NSW AVERAGE

5.0% of babies born in 2012-14 were LOW BIRTH-WEIGHT (NSW 5.2%)

A FIRST TRIMESTER ANTENATAL VISIT occurred in 77% of pregnancies in 2014-16 which was SIGNIFICANTLY HIGHER than the NSW AVERAGE

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**RATES OF CHRONIC DISEASE**

DIABETES MELLITUS
5.4 per 100 (NSW 5.8)

HIGH CHOLESTEROL
31.3 per 100 (NSW 32.4)

CIRCULATORY SYSTEM DISEASE
18.5 per 100 (NSW 17.8)

ASTHMA
12.7 per 100 (NSW 9.6)

CHRONIC OBSTRUCTIVE PULMONARY DISEASE
3.0 per 100 (NSW 2.6)

ARTHRITIS
16.4 per 100 (NSW 15.3)

(2011-12)

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(2011-12)
POPULATION HEALTH SNAPSHOT 2018
Maitland LGA

CANCER INCIDENCE

419 new cases of cancer were diagnosed in 2013

126 people died from cancer in 2013

The mortality rate (177.9 per 100,000) was higher than the NSW rate (170)

There are lower breast screening rates amongst Aboriginal and Torres Strait Islander (60.6%) and culturally and linguistically diverse (55.4%) women

Most common cancer types (number of cases, 2009-13)

Prostate: 325
Melanoma (skin): 221
Breast: 210
Colon: 167
Lung: 144

Maitland is a melanoma hotspot

CANCER MORTALITY

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HPV VACCINATION

83.9% of teenaged girls and 78.4% of boys in 2016 were fully vaccinated against HPV (NSW 82.5%, 69.9%)

CANCER SCREENING PARTICIPATION 2015-16

Breast screening (NSW 93%)

61.8% 3,364 women unscreened

Cervical screening (NSW 56.3%)

58.8% 8,827 women unscreened

Bowel screening (NSW 37.8%)

41.8% 3,149 people unscreened

Between 2014 and 2016 there were 1,535.3 potentially preventable hospitalisations each year

at a rate of 2,002.9 per 100,000

This was significantly lower than the NSW rate (2,104.2)

POTENTIALLY PREVENTABLE HOSPITALISATIONS

ACCESS TO SERVICES

In 2014, 1,784 people experienced a barrier to health care access with cost being the main reason at a rate of 3.1 per 100 people (NSW 2.5)

In 2014, 2,370 people experienced difficulty or couldn’t get to places with transport at a rate of 4.2 per 100 people (NSW 4.3)

In 2016, 82.1% of houses were able to access the internet (NSW 82.5%)

There are 25 general practices in the area and for every full-time GP there are 1,271 people

There is 1 public hospital

48,532 patients presented to the Maitland emergency department in 2016-17, 27,490 were semi or non-urgent presentations and could have been managed in general practice

DATA SOURCES


For further information please contact us healthplanning@hneccphn.com.au or visit our website hneccphn.com.au
Updated March 2018