

# POPULATION HEALTH SNAPSHOT 2018

## Mid-Coast LGA

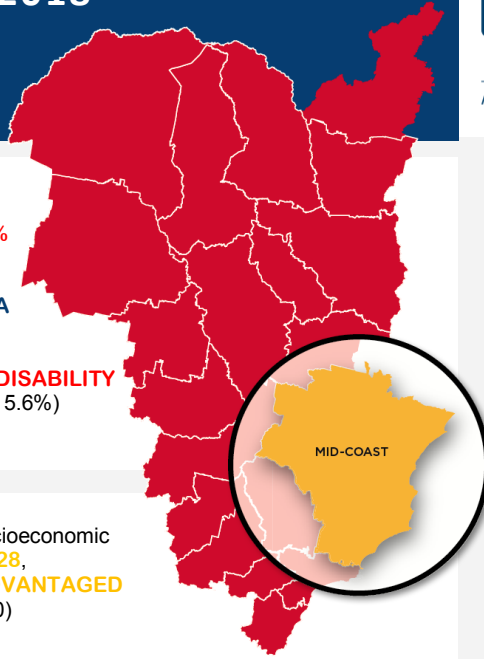
### OUR PEOPLE



**5,567 PEOPLE IDENTIFY AS ABORIGINAL AND TORRES STRAIT ISLANDER** this is **6.2%** of the population (NSW 2.9%)

**82.3%** of the population was **BORN IN AUSTRALIA** (NSW 65.5%)

**7,308 PEOPLE** have a **PROFOUND OR SEVERE DISABILITY** this is **8.7%** of the population (NSW 5.6%)



**POPULATION**  
**90,303**

### SOCIAL AND ECONOMIC FACTORS IMPACTING HEALTH

The SEIFA Index of Relative Socioeconomic Disadvantage score is **928**, the **MID-COAST** is **MORE DISADVANTAGED** than **AUSTRALIA** (1000)

The **UNEMPLOYMENT RATE** in 2017 was **5.7%** (NSW 4.8%)

**32.9 in 100** people had **GOVERNMENT SUPPORT AS THEIR MAIN SOURCE OF INCOME** for 13 months or more in 2013 and 2014 (NSW 20.4)



**77.0%** of **15 - 24 YEAR OLDS** were **EARNING OR LEARNING** in 2016 (NSW 85%)



The population will grow to approximately **96,250** in 2036

### HEALTH RISKS

FOR EVERY 100 ADULTS IN 2014-15:



**21.5 SMOKED** (NSW 16)

**20.2** consumed **ALCOHOL** at **HIGH RISK** (NSW 16.7)



**32.9** were **OVERWEIGHT** (NSW 37.4) and another **37.1** were **OBESE** (NSW 28.2)

**46.5** **ATE ENOUGH FRUIT** (NSW 49.2)



**71.1** had **LOW OR NO EXERCISE** (NSW 67.1)

### MUMS AND BUBS

The **TOTAL FERTILITY RATE** in 2013-15 was **2.2 BIRTHS PER WOMAN** (NSW 1.9)

**20.9%** of mothers **SMOKED IN PREGNANCY** in 2014-16 which was **SIGNIFICANTLY HIGHER** than the **NSW AVERAGE**

**5.9%** of babies born in 2012-14 were **LOW BIRTH-WEIGHT** (NSW 5.2%)

A **FIRST TRIMESTER ANTENATAL VISIT** occurred in **83.8%** of pregnancies in 2014-16 which was **SIGNIFICANTLY HIGHER** than the **NSW AVERAGE**



**15.4%** of the population are aged **0-14 years** (NSW 18.5%)

**30.1%** of the population are aged **65 years +** (NSW 16.3%)

### IMMUNISATION

WHO WAS FULLY IMMUNISED IN 2016-17?

**1 YEAR OLDS - 94.4%** (Great Lakes), **94.4%** (Taree-Gloucester), (Aust. 93.8%)

**2 YEAR OLDS - 94.4%** (Great Lakes), **92.5%** (Taree-Gloucester), (Aust. 90.9%)

**5 YEAR OLDS - 95.6%** (Great Lakes), **94.9%** (Taree-Gloucester), (Aust. 93.5%)



### MENTAL HEALTH

**HIGH OR VERY HIGH PSYCHOLOGICAL DISTRESS** was experienced by

**12.6** of every 100 adults in 2014-15 (NSW 11)

**CHRONIC MENTAL AND BEHAVIOURAL PROBLEMS** were experienced by **16.2** of every 100 people in 2011-12 (NSW 13.1)

There were **218 HOSPITALISATIONS** for **INTENTIONAL SELF-HARM** in 2014-16 at a rate of **239.9** per 100,000 people which was **SIGNIFICANTLY HIGHER** than the **NSW RATE**



**130 PEOPLE DIED BY SUICIDE** between 2000 and 2013

### RATES OF CHRONIC DISEASE

**DIABETES MELLITUS**  
**5.0** per 100 (NSW 5.8)

**HIGH CHOLESTEROL**  
**33.4** per 100 (NSW 32.4)

**CIRCULATORY SYSTEM DISEASE**  
**18.7** per 100 (NSW 17.8)

**ASTHMA**  
**12.5** per 100 (NSW 9.6)

**CHRONIC OBSTRUCTIVE PULMONARY DISEASE**  
**3.1** per 100 (NSW 2.6)

**ARTHRITIS**  
**18.7** per 100 (NSW 15.3)  
(2011-12)

For every 100 people of working age there are 84 who aren't

There are **9 people per km<sup>2</sup>** (NSW 10)

# POPULATION HEALTH SNAPSHOT 2018

## Mid-Coast LGA

### CANCER INCIDENCE

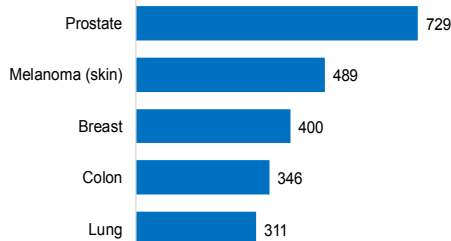
**848 NEW CASES** of cancer were diagnosed in 2013

**CANCER INCIDENCE** in 2013 (Gloucester 534.7, Taree 499.7, Great Lakes 525.8 per 100,000) was **HIGHER THAN OR SIMILAR TO THE NSW RATE** (500.5)



The Mid-Coast is a **MELANOMA HOTSPOT**

Most **COMMON CANCER TYPES** (number of cases, 2009-13)



### CANCER MORTALITY

**312 PEOPLE DIED FROM CANCER** in 2013

The mortality rate (Gloucester 165.1, Taree 195.5, Great Lakes 173.5 per 100,000) varied across the area compared to **THE NSW RATE** (170)



### HPV VACCINATION

**84.0%** of teenaged **GIRLS** and **62.8%** of **BOYS** in 2016 were fully **VACCINATED AGAINST HPV** (NSW 82.5%, 69.9%)

### SERVICES WE COMMISSION ON THE MID-COAST

Allied Health Services

Mental Health Services

Suicide Prevention Services

Indigenous Health Services

Indigenous Mental Health Services

Family Wellbeing Program

### CANCER SCREENING PARTICIPATION 2015-16

There are **LOWER BREAST SCREENING** rates amongst **ABORIGINAL AND TORRES STRAIT ISLANDER** (48%), and **CULTURALLY AND LINGUISTICALLY DIVERSE** (44.5%) women

Breast Screening (NSW 53%)

**62.9%**

**5,351 WOMEN UNSCREENED**

Cervical Screening (NSW 56.3%)

**55.7%**

**9,866 WOMEN UNSCREENED**

Bowel Screening (NSW 37.8%)

**46.2%**

**5,171 PEOPLE UNSCREENED**

### POTENTIALLY PREVENTABLE HOSPITALISATIONS

Between 2014 and 2016 there were **1,849.9 POTENTIALLY PREVENTABLE HOSPITALISATIONS EACH YEAR** at a rate of 2,034.9 per 100,000. This was **SIGNIFICANTLY LOWER THAN THE NSW RATE** (2,104.2)



### ACCESS TO SERVICES

In 2014 **1,910 PEOPLE** experienced a **BARRIER TO HEALTH CARE ACCESS** with **COST BEING THE MAIN REASON** at a rate of 3.4 per 100 people (NSW 2.5)

In 2014 **3,316 PEOPLE** experienced difficulty or **COULDN'T GET TO PLACES WITH TRANSPORT** at a rate of 4.1 per 100 people (NSW 4.3)



In 2016 **74% OF HOUSES** were able to **ACCESS THE INTERNET** (NSW 82.5%)

There are **32 GENERAL PRACTICES** in the area and **FOR EVERY FULL-TIME GP THERE ARE 1,011 PEOPLE**



There are **3 ABORIGINAL MEDICAL SERVICES** and **3 PUBLIC HOSPITALS**



**38,183** patients presented to the Bulahdelah, Gloucester and Taree **EMERGENCY DEPARTMENTS** in 2016-17, **23,667** were **SEMI OR NON-URGENT PRESENTATIONS** and could have been managed in general practice

### DATA SOURCES

> Australian Government Department of Jobs and Small Business (2018). *Small Area Labour Markets*. [www.jobs.gov.au](http://www.jobs.gov.au) > Australian Bureau of Statistics (2017). *2016 Census Quickstats*. [www.censusdata.gov.au](http://www.censusdata.gov.au) > Australian Institute of Health and Welfare (2018). *MyHealthy Communities*. [www.myhealthycommunities.gov.au](http://www.myhealthycommunities.gov.au) > Australian Institute of Health and Welfare (2018). *MyHospitals*. [www.myhospitals.gov.au](http://www.myhospitals.gov.au) > Cancer Institute NSW (2017). *Cancer Statistics NSW*. [www.cancerinstitute.org.au](http://www.cancerinstitute.org.au) > Cancer Institute NSW (2017). *Reporting for Better Cancer Outcomes Performance Report 2017: Hunter New England and Central Coast PHN*. Cancer Institute NSW. > Centre for Epidemiology and Evidence (2018). *HealthStats NSW*. [www.healthstats.nsw.gov.au](http://www.healthstats.nsw.gov.au) > NSW Department of Planning and Environment (2017). *2016 NSW Projection Data by LGA*. [www.planning.nsw.gov.au](http://www.planning.nsw.gov.au) > Public Health Information Development Unit (2017). *Social Health Atlas of Australia: Data by Local Government Area*. [www.phidu.torrens.edu.au](http://www.phidu.torrens.edu.au)