OUR PEOPLE

3,325 PEOPLE IDENTIFY AS ABORIGINAL AND TORRES STRAIT ISLANDER this is 4.8% of the population (NSW 2.9%)

81.0% of the population was BORN IN AUSTRALIA (NSW 85.5%)

4,398 PEOPLE have a PROFOUND OR SEVERE DISABILITY this is 6.8% of the population (NSW 5.6%)

SOCIAL AND ECONOMIC FACTORS IMPACTING HEALTH

The SEIFA Index of Relative Socioeconomic Disadvantage score is 980, PORT STEPHENS is MORE DISADVANTAGED than AUSTRALIA (1000)

The UNEMPLOYMENT RATE in 2017 was 4.7% (NSW 4.8%)

25.9 in 100 people had GOVERNMENT SUPPORT AS THEIR MAIN SOURCE OF INCOME for 13 months or more in 2013 and 2014 (NSW 20.4)

80.1% of 15 - 24 YEAR OLDS were EARNING OR LEARNING in 2016 (NSW 85%)

HEALTH RISKS

FOR EVERY 100 ADULTS IN 2014-15:

20.0 SMOKED (NSW 16)

19 consumed ALCOHOL at HIGH RISK (NSW 16.7)

33.3 were OVERWEIGHT (NSW 37.4) and another 34.3 were OBESE (NSW 28.2)

48.2 ATE ENOUGH FRUIT (NSW 49.2)

69.3 had LOW OR NO EXERCISE (NSW 67.1)

MUMS AND BUBS

The TOTAL FERTILITY RATE in 2013-15 was 2.1 BIRTHS PER WOMAN (NSW 1.9)

15.3% of mothers SMOKED IN PREGNANCY in 2014-16 which was SIGNIFICANTLY HIGHER than the NSW AVERAGE

6.9% of babies born in 2012-14 were LOW BIRTH-WEIGHT (NSW 5.2%)

A FIRST TRIMESTER ANTENATAL VISIT occurred in 82.8% of pregnancies in 2014-16 which was SIGNIFICANTLY HIGHER than the NSW AVERAGE

IMMUNISATION

WHO WAS FULLY IMMUNISED IN 2016-17?

94.5% of 1 YEAR OLDS (Australia 93.8%)

92.6% of 2 YEAR OLDS (Australia 90.9%)

97.4% of 5 YEAR OLDS (Australia 93.5%)

MENTAL HEALTH

HIGH OR VERY HIGH PSYCHOLOGICAL DISTRESS was experienced by 12.2 of every 100 adults in 2014-15 (NSW 11)

CHRONIC MENTAL AND BEHAVIOURAL PROBLEMS were experienced by 14.4 of every 100 people in 2011-12 (NSW 13.1)

There were 133 HOSPITALISATIONS for INTENTIONAL SELF-HARM in 2014-16 at a rate of 187.3 per 100,000 people which was SIGNIFICANTLY HIGHER than the NSW RATE

87 PEOPLE DIED BY SUICIDE between 2000 and 2013

RATES OF CHRONIC DISEASE

DIABETES MELLITUS

4.7 per 100 (NSW 5.8)

HIGH CHOLESTEROL

32.9 per 100 (NSW 32.4)

CIRCULATORY SYSTEM DISEASE

18.7 per 100 (NSW 17.8)

ASTHMA

12.4 per 100 (NSW 9.6)

CHRONIC OBSTRUCTIVE PULMONARY DISEASE

3.0 per 100 (NSW 2.6)

ARTHRITIS

16.8 per 100 (NSW 15.3)

(2011-12)
Port Stephens LGA

**CANCER INCIDENCE**

Most COMMON CANCER TYPES (number of cases, 2009-13)

- Prostate: 388
- Melanoma (skin): 316
- Breast: 260
- Lung: 219
- Colon: 199

Port Stephens is a MELANOMA HOTSPOT

**CANCER MORTALITY**

- **151 PEOPLE DIED FROM CANCER in 2013**
  - The mortality rate (176.7 per 100,000) was HIGHER THAN THE NSW RATE (170)

**CANCER INCIDENCE** in 2013

- **469 NEW CASES** of cancer were diagnosed in 2013
- **(523 per 100,000)** was HIGHER THAN THE NSW RATE (500.5)

**CANCER SCREENING PARTICIPATION 2015-16**

- Breast Screening (NSW 53%)
  - 62% of women screened in 2015-16
  - 3,803 WOMEN UNSCREENED

- Cervical Screening (NSW 56.3%)
  - 58.3% of women screened in 2015-16
  - 7,948 WOMEN UNSCREENED

- Bowel Screening (NSW 37.8%)
  - 43.6% of women screened in 2015-16
  - 3,489 PEOPLE UNSCREENED

**POTENTIALLY PREVENTABLE HOSPITALISATIONS**

- Between 2014 and 2016 there were **1,377.6 POTENTIALLY PREVENTABLE HOSPITALISATIONS EACH YEAR** at a rate of 1,938.6 per 100,000
  - This was SIGNIFICANTLY LOWER THAN THE NSW RATE (2,104.2)

**ACCESS TO SERVICES**

- In 2014 1,168 PEOPLE experienced a BARRIER TO HEALTH CARE ACCESS with COST BEING THE MAIN REASON at a rate of 2.4 per 100 people (NSW 2.5)
- In 2014 2,199 PEOPLE experienced difficulty or COULDN’T GET TO PLACES WITH TRANSPORT at a rate of 3.9 per 100 people (NSW 4.3)
- In 2016 80.2% OF HOUSES were able to ACCESS THE INTERNET (NSW 82.5%)

- There are 23 GENERAL PRACTICES in the area and FOR EVERY FULL-TIME GP THERE ARE 1,026 PEOPLE

- There is 1 PUBLIC HOSPITAL

| 10,490 patients presented to the Tomaree EMERGENCY DEPARTMENT in 2016-17, 7,309 were SEMI OR NON-URGENT PRESENTATIONS and could have been managed in general practice |

**DATA SOURCES**