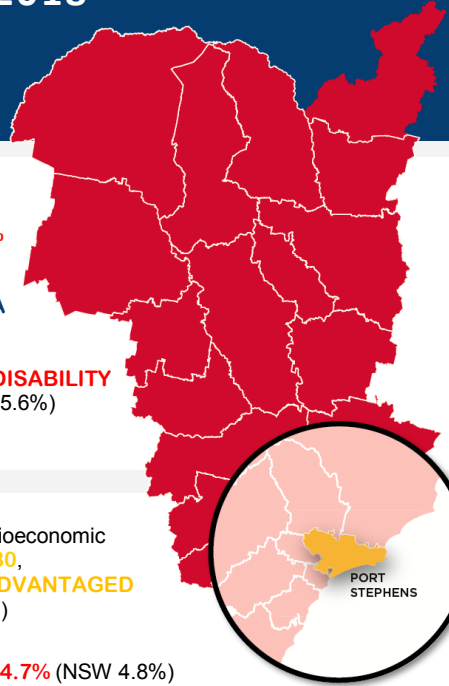


# POPULATION HEALTH SNAPSHOT 2018

## Port Stephens LGA



### OUR PEOPLE



**3,325 PEOPLE IDENTIFY AS ABORIGINAL AND TORRES STRAIT ISLANDER** this is **4.8%** of the population (NSW 2.9%)

**81.0%** of the population was **BORN IN AUSTRALIA** (NSW 65.5%)

**4,398 PEOPLE** have a **PROFOUND OR SEVERE DISABILITY** this is **6.8%** of the population (NSW 5.6%)

### SOCIAL AND ECONOMIC FACTORS IMPACTING HEALTH

The SEIFA Index of Relative Socioeconomic Disadvantage score is **980**, **PORT STEPHENS** is **MORE DISADVANTAGED** than **AUSTRALIA** (1000)

The **UNEMPLOYMENT RATE** in 2017 was **4.7%** (NSW 4.8%)

**25.9 in 100** people had **GOVERNMENT SUPPORT AS THEIR MAIN SOURCE OF INCOME** for 13 months or more in 2013 and 2014 (NSW 20.4)



**80.1%** of **15 - 24 YEAR OLDS** were **EARNING OR LEARNING** in 2016 (NSW 85%)



### HEALTH RISKS

FOR EVERY 100 ADULTS IN 2014-15:



**20.0 SMOKED** (NSW 16)

**19** consumed **ALCOHOL** at **HIGH RISK** (NSW 16.7)



**33.3** were **OVERWEIGHT** (NSW 37.4) and another **34.3** were **OBESE** (NSW 28.2)

**48.2** **ATE ENOUGH FRUIT** (NSW 49.2)



**69.3** had **LOW OR NO EXERCISE** (NSW 67.1)



### MUMS AND BUBS

The **TOTAL FERTILITY RATE** in 2013-15 was **2.1 BIRTHS PER WOMAN** (NSW 1.9)

**15.3%** of mothers **SMOKED IN PREGNANCY** in 2014-16 which was **SIGNIFICANTLY HIGHER** than the **NSW AVERAGE**

**6.9%** of babies born in 2012-14 were **LOW BIRTH-WEIGHT** (NSW 5.2%)

A **FIRST TRIMESTER ANTENATAL VISIT** occurred in **82.8%** of pregnancies in 2014-16 which was **SIGNIFICANTLY HIGHER** than the **NSW AVERAGE**



### IMMUNISATION

WHO WAS FULLY IMMUNISED IN 2016-17?

**94.5%** of **1 YEAR OLDS** (Australia 93.8%)

**92.6%** of **2 YEAR OLDS** (Australia 90.9%)

**97.4%** of **5 YEAR OLDS** (Australia 93.5%)



### MENTAL HEALTH

**HIGH OR VERY HIGH PSYCHOLOGICAL DISTRESS** was experienced by **12.2** of every 100 adults in 2014-15 (NSW 11)

**CHRONIC MENTAL AND BEHAVIOURAL PROBLEMS** were experienced by **14.4** of every 100 people in 2011-12 (NSW 13.1)

There were **133 HOSPITALISATIONS** for **INTENTIONAL SELF-HARM** in 2014-16 at a rate of **187.3** per 100,000 people which was **SIGNIFICANTLY HIGHER** than the **NSW RATE**



**87 PEOPLE DIED BY SUICIDE** between 2000 and 2013

### RATES OF CHRONIC DISEASE

**DIABETES MELLITUS**  
**4.7** per 100 (NSW 5.8)

**HIGH CHOLESTEROL**  
**32.9** per 100 (NSW 32.4)

**CIRCULATORY SYSTEM DISEASE**  
**18.7** per 100 (NSW 17.8)

**ASTHMA**  
**12.4** per 100 (NSW 9.6)

**CHRONIC OBSTRUCTIVE PULMONARY DISEASE**  
**3.0** per 100 (NSW 2.6)

**ARTHRITIS**  
**16.8** per 100 (NSW 15.3)  
(2011-12)

**POPULATION**  
**69,556**

The population will grow to approximately **92,650** in 2036

**18%** of the population are aged **0-14 years** (NSW 18.5%)

**22.9%** of the population are aged **65 years +** (NSW 16.3%)

For every 100 people of working age there are **69** who aren't

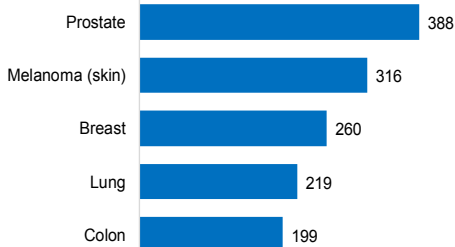
There are **86 people per km<sup>2</sup>** (NSW 10)

## CANCER INCIDENCE

Most **COMMON CANCER TYPES**  
(number of cases, 2009-13)

**469 NEW CASES**  
of cancer were  
diagnosed in 2013

**CANCER INCIDENCE**  
in 2013  
(523 per 100,000)  
was **HIGHER THAN**  
**THE NSW RATE**  
(500.5)



Port Stephens is a **MELANOMA HOTSPOT**

## CANCER MORTALITY

**151 PEOPLE DIED FROM**  
**CANCER** in 2013

The mortality rate (176.7 per  
100,000) was **HIGHER THAN**  
**THE NSW RATE** (170)



## HPV VACCINATION

79.3% of teenaged **GIRLS** and **62.5%** of  
**BOYS** in 2016 were fully **VACCINATED**  
**AGAINST HPV** (NSW 82.5%, 69.9%)

## SERVICES WE COMMISSION IN PORT STEPHENS

**Drug &  
Alcohol  
Treatment  
Services**

**Mental Health  
Services**

**Suicide  
Prevention  
Services**

**Indigenous  
Health &  
Mental Health  
Services**

**Primary Health  
Care Nursing**

**Counselling  
Services**

## CANCER SCREENING PARTICIPATION 2015-16

There are **LOWER BREAST SCREENING** rates amongst  
**ABORIGINAL AND TORRES STRAIT ISLANDER** (65.6%),

Breast Screening  
(NSW 53%)

**62%**

**3,803 WOMEN UNSCREENED**

Cervical Screening  
(NSW 56.3%)

**58.3%**

**7,948 WOMEN UNSCREENED**

Bowel Screening  
(NSW 37.8%)

**43.6%**

**3,489 PEOPLE UNSCREENED**

## POTENTIALLY PREVENTABLE HOSPITALISATIONS

Between 2014 and 2016 there were **1,377.6 POTENTIALLY  
PREVENTABLE HOSPITALISATIONS EACH YEAR**  
at a rate of 1,938.6 per 100,000  
This was **SIGNIFICANTLY LOWER THAN**  
**THE NSW RATE** (2,104.2)



## ACCESS TO SERVICES

In 2014 **1,168 PEOPLE** experienced a **BARRIER TO HEALTH CARE ACCESS**  
with **COST BEING THE MAIN REASON** at a rate of 2.4 per 100 people (NSW 2.5)

In 2014 **2,199 PEOPLE** experienced difficulty or  
**COULDN'T GET TO PLACES WITH TRANSPORT**  
at a rate of 3.9 per 100 people (NSW 4.3)



In 2016 **80.2% OF HOUSES** were able to **ACCESS THE INTERNET** (NSW 82.5%)

There are **23 GENERAL PRACTICES** in the area  
and **FOR EVERY FULL-TIME GP THERE ARE 1,026 PEOPLE**



There is **1 PUBLIC HOSPITAL**



**10,490** patients presented to the Tomaree **EMERGENCY DEPARTMENT** in 2016-17,  
**7,309** were **SEMI OR NON-URGENT PRESENTATIONS**  
and could have been managed in general practice

## DATA SOURCES

> Australian Government Department of Jobs and Small Business (2018). *Small Area Labour Markets*. [www.jobs.gov.au](http://www.jobs.gov.au) > Australian Bureau of Statistics (2017). *2016 Census Quickstats*. [www.censusdata.gov.au](http://www.censusdata.gov.au) > Australian Institute of Health and Welfare (2018). *MyHealthy Communities*. [www.myhealthycommunities.gov.au](http://www.myhealthycommunities.gov.au) > Australian Institute of Health and Welfare (2018). *MyHospitals*. [www.myhospitals.gov.au](http://www.myhospitals.gov.au) > Cancer Institute NSW (2017). *Cancer Statistics NSW*. [www.cancerinstitute.org.au](http://www.cancerinstitute.org.au) > Cancer Institute NSW (2017). *Reporting for Better Cancer Outcomes Performance Report 2017: Hunter New England and Central Coast PHN*. Cancer Institute NSW. > Centre for Epidemiology and Evidence (2018). *HealthStats NSW*. [www.healthstats.nsw.gov.au](http://www.healthstats.nsw.gov.au) > NSW Department of Planning and Environment (2017). *2016 NSW Projection Data by LGA*. [www.planning.nsw.gov.au](http://www.planning.nsw.gov.au) > Public Health Information Development Unit (2017). *Social Health Atlas of Australia: Data by Local Government Area*. [www.phidu.torrens.edu.au](http://www.phidu.torrens.edu.au)