6,031 PEOPLE IDENTIFY AS ABORIGINAL AND TORRES STRAIT ISLANDER this is 10.1% of the population (NSW 2.9%)

84.6% of the population was BORN IN AUSTRALIA (NSW 65.5%)

3,317 PEOPLE have a PROFOUNDED SEVERE DISABILITY this is 5.9% of the population (NSW 5.6%)

The SEIFA Index of Relative Socioeconomic Disadvantage score is 962, the TAMWORTH REGIONAL LGA is MORE DISADVANTAGED than AUSTRALIA (1000)

The UNEMPLOYMENT RATE in 2017 was 5.8% (NSW 4.8%)

24.6 in 100 people had GOVERNMENT SUPPORT AS THEIR MAIN SOURCE OF INCOME for 13 months or more in 2013 and 2014 (NSW 20.4)

79.2% of 15 - 24 YEAR OLDS were EARNING OR LEARNING in 2016 (NSW 85%)

FOR EVERY 100 ADULTS IN 2014-15:

19.9 SMOKED (NSW 16)

20.8 consumed ALCOHOL at HIGH RISK (NSW 16.7)

32.9 were OVERWEIGHT (NSW 37.4) and another 39.3 were OBESE (NSW 28.2)

46.7 ATE ENOUGH FRUIT (NSW 49.2)

71.7 had LOW OR NO EXERCISE (NSW 67.1)

WHO WAS FULLY IMMUNISED IN 2016-17?

97.3% of 1 YEAR OLDS (Australia 93.8%)

93.5% of 2 YEAR OLDS (Australia 90.9%)

95.7% of 5 YEAR OLDS (Australia 93.5%)

IMMUNISATION

HIGH OR VERY HIGH PSYCHOLOGICAL DISTRESS was experienced by 12.3 of every 100 adults in 2014-15 (NSW 11)

CHRONIC MENTAL AND BEHAVIOURAL PROBLEMS were experienced by 13.5 of every 100 people in 2011-12 (NSW 13.1)

There were 127 HOSPITALISATIONS for INTENTIONAL SELF-HARM in 2014-16 at a rate of 208.4 per 100,000 people which was SIGNIFICANTLY HIGHER than the NSW RATE

77 PEOPLE DIED BY SUICIDE between 2000 and 2013

HIGH CHOLESTEROL 32.4 per 100 (NSW 32.4)

CIRCULATORY SYSTEM DISEASE 18.2 per 100 (NSW 17.8)

ASTHMA 12.6 per 100 (NSW 9.6)

CHRONIC OBSTRUCTIVE PULMONARY DISEASE 3.1 per 100 (NSW 2.6)

ARTHRITIS 16.5 per 100 (NSW 15.3)

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**POPULATION HEALTH SNAPSHOT 2018**

**Tamworth Regional LGA**

### CANCER INCIDENCE

- **401 NEW CASES** of cancer were diagnosed in 2013

### CANCER INCIDENCE in 2013

(555.2 per 100,000) was HIGHER THAN THE NSW RATE (500.5)

- **Prostate**
- **Melanoma (skin)**
- **Breast**
- **Colon**
- **Lung**

- **Most COMMON CANCER TYPES** (number of cases, 2009-13)

- **117 PEOPLE DIED FROM CANCER** in 2013

The mortality rate (171.6 per 100,000) was HIGHER THAN THE NSW RATE (170)

### CANCER MORTALITY

- **73.9% of teenaged GIRLS and 56.5% of BOYS in 2016 were fully VACCINATED AGAINST HPV (NSW 82.5%, 69.9%)**

### CANCER SCREENING PARTICIPATION 2015-16

- **Breast Screening** (NSW 53%)
- **Cervical Screening** (NSW 56.3%)
- **Bowel Screening** (NSW 37.8%)

- **66.7%** of women were UNSCREENED
- **59.8%** of women were UNSCREENED
- **40.6%** of people were UNSCREENED

### POTENTIALLY PREVENTABLE HOSPITALISATIONS

Between 2014 and 2016 there were **1,716.8 POTENTIALLY PREVENTABLE HOSPITALISATIONS EACH YEAR** at a rate of 2,814.1 per 100,000

This was **SIGNIFICANTLY HIGHER THAN THE NSW RATE** (2,104.2)

### ACCESS TO SERVICES

- In 2014 **1,351 PEOPLE** experienced a BARRIER TO HEALTH CARE ACCESS with COST BEING THE MAIN REASON at a rate of 3.2 per 100 people (NSW 2.5)

- In 2014 **1,993 PEOPLE** experienced difficulty or COLDN’T GET TO PLACES WITH TRANSPORT at a rate of 4.3 per 100 people (NSW 4.3)

- In 2016 **74.9% OF HOUSES** were able to ACCESS THE INTERNET (NSW 82.5%)

- There are **21 GENERAL PRACTICES** in the area

- **52,057 patients** presented to the Barraba, Manilla and Tamworth EMERGENCY DEPARTMENTS in 2016-17, 35,061 were SEMI OR NON-URGENT PRESENTATIONS and could have been managed in general practice

### SERVICES WE COMMISSION IN THE AREA

- **Allied Health Services & Primary Health Care Nursing**
- **Mental Health & Suicide Prevention Services**
- **Drug & Alcohol Treatment Services**
- **Indigenous Health & Mental Health Services**
- **Headspace centre**
- **Small Town GP After Hours Services**

### DATA SOURCES

- Cancer Institute NSW. www.cancerinstitute.org.au
- NSW Department of Planning and Environment (2017). 2016 NSW Projection Data by LGA.

For further information please contact us healthplanning@hneccphn.com.au or visit our website hneccphn.com.au

Updated March 2018