OUR PEOPLE
723 PEOPLE IDENTIFY AS ABORIGINAL AND TORRES STRAIT ISLANDER this is 5.1% of the population (NSW 2.9%)
82% of the population was BORN IN AUSTRALIA (NSW 65.5%)
657 PEOPLE have a PROFOUND OR SEVERE DISABILITY this is 5.1% of the population (NSW 5.6%)

SOCIAL AND ECONOMIC FACTORS IMPACTING HEALTH
The SEIFA Index of Relative Socioeconomic Disadvantage score is 976, the UPPER HUNTER is MORE DISADVANTAGED than AUSTRALIA (1000)
The UNEMPLOYMENT RATE in 2017 was 2.9% (NSW 4.8%)
18.2 in 100 people had GOVERNMENT SUPPORT AS THEIR MAIN SOURCE OF INCOME for 13 months or more in 2013 and 2014 (NSW 20.4)
80.3% of 15 - 24 YEAR OLDS were EARNING OR LEARNING in 2016 (NSW 85%)

HEALTH RISKS
FOR EVERY 100 ADULTS IN 2014-15:
21.4 SMOKED (NSW 16)
22.2 consumed ALCOHOL at HIGH RISK (NSW 16.7)
33.9 were OVERWEIGHT (NSW 37.4) and another 38.6 were OBESE (NSW 28.2)
46.7 ATE ENOUGH FRUIT (NSW 49.2)
76.4 had LOW OR NO EXERCISE (NSW 67.1)

MUMS AND BUBS
The TOTAL FERTILITY RATE in 2013-15 was 2.1 BIRTHS PER WOMAN (NSW 1.9)
12.5% of mothers SMOKED IN PREGNANCY in 2014-16 which was SIGNIFICANTLY HIGHER than the NSW AVERAGE
3.7% of babies born in 2012-14 were LOW BIRTH-WEIGHT (NSW 5.2%)
A FIRST TRIMESTER ANTENATAL VISIT occurred in 73.8% of pregnancies in 2014-16 which was SIGNIFICANTLY HIGHER than the NSW AVERAGE

IMMUNISATION
WHO WAS FULLY IMMUNISED IN 2016-17
96.2% of 1 YEAR OLDS (Australia 93.8%)
93.9% of 2 YEAR OLDS (Australia 90.9%)
95.6% of 5 YEAR OLDS (Australia 93.5%)

MENTAL HEALTH
HIGH OR VERY HIGH PSYCHOLOGICAL DISTRESS was experienced by 10.6 of every 100 adults in 2014-15 (NSW 11)
CHRONIC MENTAL AND BEHAVIOURAL PROBLEMS were experienced by 12.8 of every 100 people in 2011-12 (NSW 13.1)
There were 20 HOSPITALISATIONS for INTENTIONAL SELF-HARM in 2014-16 at a rate of 137.6 per 100,000 people which was SIMILAR TO the NSW RATE
24 PEOPLE DIED BY SUICIDE between 2000 and 2013

RATES OF CHRONIC DISEASE
DIABETES MELLITUS 5.0 per 100 (NSW 5.8)
HIGH CHOLESTEROL 31.3 per 100 (NSW 32.4)
CIRCULATORY SYSTEM DISEASE 17.9 per 100 (NSW 17.8)
ASTHMA 11.1 per 100 (NSW 9.6)
CHRONIC OBSTRUCTIVE PULMONARY DISEASE 2.8 per 100 (NSW 2.6)
ARTHRITIS 16.2 per 100 (NSW 15.3) (2011-12)

The population will grow to approximately 16,200 in 2036
20.6% of the population are aged 0-14 years (NSW 18.5%)
18.6% of the population are aged 65 years + (NSW 16.3%)
For every 100 people of working age there are 64 who aren’t
There are 2 people per km² (NSW 10)

Hunter New England and Central Coast PHN acknowledges the traditional owners and custodians of the lands that we live and work on as the First People of this Country.
For further information please contact us healthplanning@hneccphn.com.au or visit our website hneccphn.com.au

Updated March 2018

**POPULATION HEALTH SNAPSHOT 2018**

**Upper Hunter Shire LGA**

**CANCER INCIDENCE**

98 NEW CASES of cancer were diagnosed in 2013

<table>
<thead>
<tr>
<th>Cancer Type</th>
<th>Number of Cases</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prostate</td>
<td>113</td>
</tr>
<tr>
<td>Breast</td>
<td>47</td>
</tr>
<tr>
<td>Lung</td>
<td>43</td>
</tr>
<tr>
<td>Melanoma (skin)</td>
<td>39</td>
</tr>
<tr>
<td>Colon</td>
<td>36</td>
</tr>
</tbody>
</table>

**CANCER INCIDENCE** in 2013 (539.4 per 100,000) was HIGHER THAN THE NSW RATE (500.5)

**CANCER MORTALITY**

49 PEOPLE DIED FROM CANCER in 2013

The mortality rate (226.1 per 100,000) was HIGHER THAN THE NSW RATE (170)

**HPV VACCINATION**

98.7% of teenaged GIRLS and 89.6% of BOYS in 2016 were fully VACCINATED AGAINST HPV (NSW 82.5%, 69.9%)

**CANCER SCREENING PARTICIPATION 2015-16**

- Breast Screening (NSW 93%)
  - 66.4% partipated, 587 WOMEN UNSCREENED
- Cervical Screening (NSW 56.3%)
  - 55.5% partipated, 1,697 WOMEN UNSCREENED
- Bowel Screening (NSW 37.8%)
  - 39.9% partipated, 634 PEOPLE UNSCREENED

**POTENTIALLY PREVENTABLE HOSPITALISATIONS**

Between 2014 and 2016 there were 341.6 POTENTIALLY PREVENTABLE HOSPITALISATIONS EACH YEAR at a rate of 2,337.4 per 100,000. This was SIMILAR TO THE NSW RATE (2,104.2)

**ACCESS TO SERVICES**

In 2014 201 PEOPLE experienced a BARRIER TO HEALTH CARE ACCESS with COST BEING THE MAIN REASON at a rate of 2.0 per 100 people (NSW 2.5)

In 2014 407 PEOPLE experienced difficulty or COULDN’T GET TO PLACES WITH TRANSPORT at a rate of 3.7 per 100 people (NSW 4.3)

In 2016 73.8% OF HOUSES were able to ACCESS THE INTERNET (NSW 82.5%)

There are 5 GENERAL PRACTICES in the area and FOR EVERY FULL-TIME GP THERE ARE 991 PEOPLE

There are 3 PUBLIC HOSPITALS

8,471 patients presented to the Merriwa, Scone and Murrurundi EMERGENCY DEPARTMENTS in 2016-17, 6,618 were SEMI OR NON-URGENT PRESENTATIONS and could have been managed in general practice

DATA SOURCES


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