**OUR PEOPLE**

- 184 PEOPLE IDENTIFY AS ABORIGINAL AND TORRES STRAIT ISLANDER. This is 5.9% of the population (NSW 2.9%).
- 82.5% of the population was BORN IN AUSTRALIA. (NSW 65.5%).
- 134 PEOPLE have a PROFOUND OR SEVERE DISABILITY. This is 4.8% of the population (NSW 5.6%).

**SOCIAL AND ECONOMIC FACTORS IMPACTING HEALTH**

The SEIFA Index of Relative Socioeconomic Disadvantage score is 981, Walcha is more disadvantaged than Australia (1000).

The UNEMPLOYMENT RATE in 2017 was 3.9% (NSW 4.8%). 83.5% of 15 - 24 YEAR OLDS were EARNING OR LEARNING in 2016 (NSW 85%).

**HEALTH RISKS**

- FOR EVERY 100 ADULTS IN 2014-15: 18.6 SMOKED (NSW 16)
- 23.5 consumed ALCOHOL at HIGH RISK (NSW 16.7)
- 35.8 were OVERWEIGHT (NSW 37.4) and another 37 were OBESE (NSW 28.2)
- 47.8 ATE ENOUGH FRUIT (NSW 49.2)
- 81.7 had LOW OR NO EXERCISE (NSW 67.1)

**MUMS AND BUBS**

- The TOTAL FERTILITY RATE in 2013-15 was 2.7 BIRTHS PER WOMAN (NSW 1.9)
- 18.7% of mothers SMOKED IN PREGNANCY in 2014-16 which was SIGNIFICANTLY HIGHER than the NSW AVERAGE
- 8.4% of babies born in 2012-14 were LOW BIRTH-WEIGHT (NSW 5.2%)
- A FIRST TRIMESTER ANTENATAL VISIT occurred in 66.8% of pregnancies in 2014-16 which was SIMILAR TO the NSW AVERAGE

**IMMUNISATION**

WHO WAS FULLY IMMUNISED IN 2016-17?
- 94% of 1 YEAR OLDS (Australia 93.8%)
- 93.1% of 2 YEAR OLDS (Australia 99.0%)
- 94.1% of 5 YEAR OLDS (Australia 93.5%)

**MENTAL HEALTH**

HIGH OR VERY HIGH PSYCHOLOGICAL DISTRESS was experienced by 7.1 of every 100 adults in 2014-15 (NSW 11)

CHRONIC MENTAL AND BEHAVIOURAL PROBLEMS were experienced by 12.1 of every 100 people in 2011-12 (NSW 13.1)

There were 6 HOSPITALISATIONS for INTENTIONAL SELF-HARM in 2014-16 at a rate of 185.1 per 100,000 people which was SIMILAR TO the NSW RATE

1 PERSON DIED BY SUICIDE between 2000 and 2013

**RATES OF CHRONIC DISEASE**

<table>
<thead>
<tr>
<th>Disease</th>
<th>Rate</th>
<th>NSW Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>DIABETES MELLITUS</td>
<td>4.1 per 100</td>
<td>5.8</td>
</tr>
<tr>
<td>HIGH CHOLESTEROL</td>
<td>32.8 per 100</td>
<td>32.4</td>
</tr>
<tr>
<td>CIRCULATORY SYSTEM DISEASE</td>
<td>18.2 per 100</td>
<td>17.8</td>
</tr>
<tr>
<td>ASTHMA</td>
<td>10.3 per 100</td>
<td>9.6</td>
</tr>
<tr>
<td>CHRONIC OBSTRUCTIVE PULMONARY DISEASE</td>
<td>2.6 per 100</td>
<td>2.6</td>
</tr>
<tr>
<td>ARTHRITIS</td>
<td>15.8 per 100</td>
<td>15.3 (2011-12)</td>
</tr>
</tbody>
</table>

**POPULATION**

The population will decline to approximately 2,600 in 2036.

17.2% of the population are aged 0-14 years (NSW 18.5%)

25.8% of the population are aged 65 years + (NSW 16.3%)

For every 100 people of working age there are 76 who aren’t

There is 1 person per km² (NSW 10)

**IMAGES**

Hunter New England and Central Coast PHN acknowledges the traditional owners and custodians of the lands that we live and work on as the First People of this Country.
POPULATION HEALTH SNAPSHOT 2018
Walcha LGA

CANCER INCIDENCE

27 NEW CASES of cancer were diagnosed in 2013

CANCER INCIDENCE in 2013 (578.2 per 100,000) was HIGHER THAN THE NSW RATE (500.5)

Most COMMON CANCER TYPES
(number of cases, 2009-13)

- Prostate: 37
- Lung: 17
- Melanoma (skin): 14
- Breast: 10
- Colon: 10

CANCER MORTALITY

The cancer mortality rate in 2013 (213.1 per 100,000) was HIGHER THAN THE NSW RATE (170)

HPV VACCINATION

90.8% of teenaged GIRLS and 88.2% of BOYS in 2016 were fully VACCINATED AGAINST HPV (NSW 82.5%, 69.9%)

CANCER SCREENING PARTICIPATION 2015-16

- Breast Screening (NSW 93%): 79.5% (83 WOMEN UNSCREENED)
- Cervical Screening (NSW 96.3%): 64.4% (267 WOMEN UNSCREENED)
- Bowel Screening (NSW 37.8%): 43.7% (157 PEOPLE UNSCREENED)

POTENTIALLY PREVENTABLE HOSPITALISATIONS

Between 2014 and 2016 there were 74.3 POTENTIALLY PREVENTABLE HOSPITALISATIONS EACH YEAR at a rate of 2,412.6 per 100,000

This was SIMILAR TO THE NSW RATE (2,104.2)

ACCESS TO SERVICES

In 2014 42 PEOPLE experienced a BARRIER TO HEALTH CARE ACCESS with COST BEING THE MAIN REASON at a rate of 2.0 per 100 people (NSW 2.5)

In 2014 91 PEOPLE experienced difficulty or COULDN’T GET TO PLACES WITH TRANSPORT at a rate of 3.6 per 100 people (NSW 4.3)

In 2016 67.8% OF HOUSES were able to ACCESS THE INTERNET (NSW 82.5%)

There are 2 GENERAL PRACTICES in the area and FOR EVERY FULL-TIME GP THERE ARE 1,812 PEOPLE

There is 1 PUBLIC HOSPITAL

1,419 patients presented to the Walcha EMERGENCY DEPARTMENT in 2016-17, 1,182 were SEMI OR NON-URGENT PRESENTATIONS and could have been managed in general practice

DATA SOURCES

- NSW Department of Planning and Environment (2017), 2016 NSW Projection Data by LGA. www.planning.nsw.gov.au

For further information please contact us healthplanning@hneccphn.com.au or visit our website hneccphn.com.au

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