

POPULATION HEALTH SNAPSHOT 2018

Walcha LGA

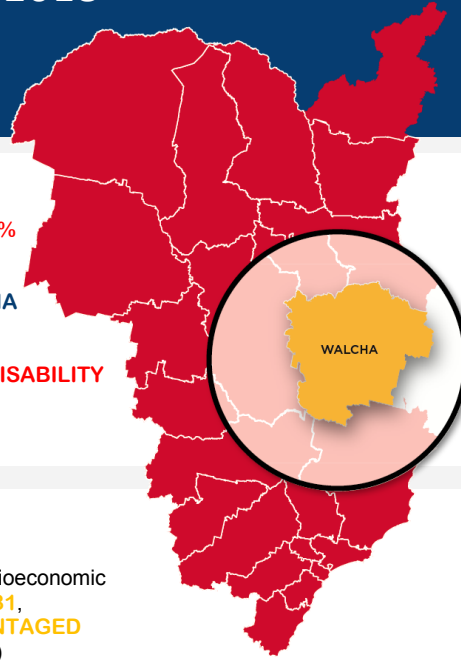
OUR PEOPLE



184 PEOPLE IDENTIFY AS ABORIGINAL AND TORRES STRAIT ISLANDER this is **5.9%** of the population (NSW 2.9%)

82.5% of the population was **BORN IN AUSTRALIA** (NSW 65.5%)

134 PEOPLE have a **PROFOUND OR SEVERE DISABILITY** this is **4.8%** of the population (NSW 5.6%)



POPULATION
3,092

SOCIAL AND ECONOMIC FACTORS IMPACTING HEALTH

The SEIFA Index of Relative Socioeconomic Disadvantage score is **981**, **WALCHA** is **MORE DISADVANTAGED** than **AUSTRALIA** (1000)

The **UNEMPLOYMENT RATE** in 2017 was **3.9%** (NSW 4.8%)



83.5% of **15 - 24 YEAR OLDS** were **EARNING OR LEARNING** in 2016 (NSW 85%)



The population will decline to approximately **2,600** in 2036

HEALTH RISKS

FOR EVERY 100 ADULTS IN 2014-15:



18.6 SMOKED (NSW 16)

23.5 consumed **ALCOHOL** at **HIGH RISK** (NSW 16.7)



35.8 were **OVERWEIGHT** (NSW 37.4) and another **37** were **OBESSE** (NSW 28.2)

47.8 **ATE ENOUGH FRUIT** (NSW 49.2)



81.7 had **LOW OR NO EXERCISE** (NSW 67.1)

MUMS AND BUBS

The **TOTAL FERTILITY RATE** in 2013-15 was **2.7 BIRTHS PER WOMAN** (NSW 1.9)

18.7% of mothers **SMOKED IN PREGNANCY** in 2014-16 which was **SIGNIFICANTLY HIGHER** than the **NSW AVERAGE**

8.4% of babies born in 2012-14 were **LOW BIRTH-WEIGHT** (NSW 5.2%)

A **FIRST TRIMESTER ANTENATAL VISIT** occurred in **66.8%** of pregnancies in 2014-16 which was **SIMILAR TO** the **NSW AVERAGE**



17.2% of the population are aged **0-14 years** (NSW 18.5%)

25.8% of the population are aged **65 years +** (NSW 16.3%)

IMMUNISATION

WHO WAS FULLY IMMUNISED IN 2016-17?

94% of **1 YEAR OLDS** (Australia 93.8%)

93.1% of **2 YEAR OLDS** (Australia 90.9%)

94.1% of **5 YEAR OLDS** (Australia 93.5%)



MENTAL HEALTH

HIGH OR VERY HIGH PSYCHOLOGICAL DISTRESS was experienced by **7.1** of every 100 adults in 2014-15 (NSW 11)

CHRONIC MENTAL AND BEHAVIOURAL PROBLEMS were experienced by **12.1** of every 100 people in 2011-12 (NSW 13.1)

There were **6 HOSPITALISATIONS** for **INTENTIONAL SELF-HARM** in 2014-16 at a rate of **185.1** per 100,000 people which was **SIMILAR TO** the **NSW RATE**

1 PERSON DIED BY SUICIDE between 2000 and 2013



RATES OF CHRONIC DISEASE

DIABETES MELLITUS
4.1 per 100 (NSW 5.8)

HIGH CHOLESTEROL
32.8 per 100 (NSW 32.4)

CIRCULATORY SYSTEM DISEASE
18.2 per 100 (NSW 17.8)

ASTHMA
10.3 per 100 (NSW 9.6)

CHRONIC OBSTRUCTIVE PULMONARY DISEASE
2.6 per 100 (NSW 2.6)

ARTHRITIS
15.8 per 100 (NSW 15.3)
(2011-12)

For every 100 people of working age there are **76** who aren't

There is **1 person** per **km²** (NSW 10)

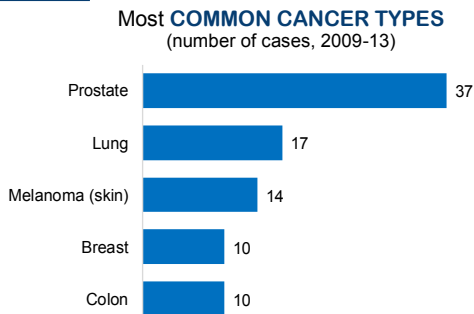
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CANCER INCIDENCE

27 NEW CASES
of cancer were
diagnosed in 2013

CANCER INCIDENCE
in 2013
(578.2 per 100,000)
was **HIGHER THAN**
THE NSW RATE
(500.5)



CANCER MORTALITY

The cancer mortality rate
in 2013 (213.1 per 100,000)
was **HIGHER THAN**
THE NSW RATE (170)



HPV VACCINATION

90.8% of teenaged **GIRLS** and **88.2%** of
BOYS in 2016 were fully **VACCINATED**
AGAINST HPV (NSW 82.5%, 69.9%)

SERVICES WE COMMISSION IN THE AREA

Allied Health
Services

Mental Health
& Suicide
Prevention
Services

Drug &
Alcohol
Treatment
Services

Indigenous
Health &
Mental Health
Services

Primary Health
Care Nursing

Small Town
GP After
Hours
Services

CANCER SCREENING PARTICIPATION 2015-16

There are **LOWER BREAST SCREENING** rates amongst
ABORIGINAL AND TORRES STRAIT ISLANDER (51.4%) women

Breast Screening
(NSW 53%)

79.5%

**83 WOMEN
UNSCREENED**

Cervical Screening
(NSW 56.3%)

64.4%

267 WOMEN UNSCREENED

Bowel Screening
(NSW 37.8%)

43.7%

157 PEOPLE UNSCREENED

POTENTIALLY PREVENTABLE HOSPITALISATIONS

Between 2014 and 2016 there were **74.3 POTENTIALLY
PREVENTABLE HOSPITALISATIONS EACH YEAR**
at a rate of 2,412.6 per 100,000
This was **SIMILAR TO THE NSW RATE** (2,104.2)



ACCESS TO SERVICES

In 2014 **42 PEOPLE** experienced a **BARRIER TO HEALTH CARE ACCESS**
with **COST BEING THE MAIN REASON** at a rate of 2.0 per 100 people (NSW 2.5)

In 2014 **91 PEOPLE** experienced difficulty or
COULDN'T GET TO PLACES WITH TRANSPORT
at a rate of 3.6 per 100 people (NSW 4.3)



In 2016 **67.8% OF HOUSES** were able to **ACCESS THE INTERNET** (NSW 82.5%)

There are **2 GENERAL PRACTICES** in the area
and **FOR EVERY FULL-TIME GP THERE ARE 1,812 PEOPLE**



There is **1 PUBLIC HOSPITAL**



1,419 patients presented to the Walcha **EMERGENCY DEPARTMENT** in 2016-17,
1,182 were **SEMI OR NON-URGENT PRESENTATIONS**
and could have been managed in general practice

DATA SOURCES

> Australian Government Department of Jobs and Small Business (2018). *Small Area Labour Markets*. www.jobs.gov.au > Australian Bureau of Statistics (2017). *2016 Census Quickstats*. www.censusdata.gov.au > Australian Institute of Health and Welfare (2018). *MyHealthy Communities*. www.myhealthycommunities.gov.au > Australian Institute of Health and Welfare (2018). *MyHospitals*. www.myhospitals.gov.au > Cancer Institute NSW (2017). *Cancer Statistics NSW*. www.cancerinstitute.org.au > Cancer Institute NSW (2017). *Reporting for Better Cancer Outcomes Performance Report 2017: Hunter New England and Central Coast PHN*. Cancer Institute NSW. > Centre for Epidemiology and Evidence (2018). *HealthStats NSW*. www.healthstats.nsw.gov.au > NSW Department of Planning and Environment (2017). *2016 NSW Projection Data by LGA*. www.planning.nsw.gov.au > Public Health Information Development Unit (2017). *Social Health Atlas of Australia: Data by Local Government Area*. www.phidu.torrens.edu.au