



www.patientinfo.org.au

WHATS NEW? MARCH 2018

Information for consumers

DRUGS AND ALCOHOL

Codeine

Medicines that have codeine in them are no longer sold 'over the counter' at the pharmacy. For example, nurofen plus, panafen and some cold and flu tablets. Medicines containing codeine must now be prescribed by a doctor. Information about these changes is included.

This information in multiple languages. Also includes information on managing pain.

WOMEN'S HEALTH

Cervical Screening (Pap test)

Information for all women on changes to the pap test. Includes information for Aboriginal and Torres Strait Islander women. Also includes information in multiple languages.

CHILD HEALTH

Overweight and Obesity in Children and Young People

Includes fact sheets for parents and dietary guidelines. Also includes information about local services and programs.

Constipation

Information for parents on constipation in children and how to manage it.

GENERAL HEALTH – BONES, JOINTS AND MUSCLES

Arthritis – Gout

Information on gout and medicines used for gout. Includes information on diet and gout.

Arthritis – Septic Arthritis

Information and fact sheets

LOCAL HEALTH AND SUPPORT SERVICES

Mobility Aids and Equipment Providers

Information on Mobility Aids and Equipment providers across the Hunter New England area.

Examples of mobility aids and equipment include: wheelchairs, walking frames and shower chairs.



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WHAT IS PATIENTINFO ?

Patientinfo is a health information portal. No user name or password is required.

Local health professionals select the information included.

This information is:

- Reliable
- Up to date
- Easy to understand
- Free of advertising

Patientinfo aims to help people understand and manage their health conditions. It does not replace care provided by doctors and other health professionals.

See your doctor or other health professional if you are concerned about your health.

Patientinfo is a joint initiative of Hunter New England Central Coast Primary Health Network and Hunter New England Local Health District.

WE WELCOME FEEDBACK

We welcome your feedback. It helps us improve the site and meet the needs of our local communities.

Feedback or suggestions can be given at any time using the feedback button in the top right corner of any Patientinfo page. We aim to respond to feedback promptly.