

Background

Providers of the Youth Complex Mental Health Service are required to contribute service delivery data to the Primary Mental Health Care Minimum Dataset (PMHC-MDS). This document has been developed to provide specific guidance for Youth Complex Mental Health Service Providers in using the PMHC-MDS. For additional support in using the PMHC-MDS visit the support website <https://pmhc-mds.com/> or contact the Support Desk support@pmhc-mds.com.

Client

The Client is the person who is receiving the service.

Episode

An Episode of Care is a more or less continuous period of contact between a client and a PHN-commissioned provider organisation/clinician that starts at the point of first contact, and concludes at discharge. Episodes comprise a series of one or more Service Contacts. Three business rules apply:

- One episode at a time for each client, defined at the level of the provider organisation
- Episodes commence at the point of first contact. The episode start date will be derived from the first service contact date.
- Discharge from care concludes the episode. Discharge may occur clinically or administratively. A new episode will commence if the person re-presents to the organisation.

Principal Focus of Treatment Plan

The Principal Focus of Treatment Plan describes the main focus of the services to be delivered to the client for the current Episode of Care and is selected from a defined list of categories.

For clients of the Youth Complex Mental Health Service, the Principal Focus of Treatment Plan will be 'Child and Youth-specific mental health services' - the treatment plan for the client is primarily based around the delivery of a range of services for children (0-11 years) or youth (aged 12-24 years) who present with a mental illness, or are at risk of mental illness.

Service Contact

Service contacts are defined as the provision of a service by the Provider for a client where the nature of the service would normally warrant a dated entry in the clinical record of the client.

- A service contact must involve at least two persons, one of whom must be a mental health service provider.
- Service contacts can be either with the client or with a third party, such as a carer or family member, and/or other professional or mental health worker, or other service provider.
- Service contacts are not restricted to face-to-face communication but can include telephone, internet, video link or other forms of direct communication.
- Service provision is only regarded as a service contact if it is relevant to the clinical condition of the client. This means that it does not include services of an administrative nature (e.g. telephone contact to schedule an appointment).

Service Contact – Type

This describes the main type of service delivered in the contact, selected from a defined list of categories. Where more than one service type was provided, select that which accounted for most of the provider time. Services delivered through the Youth Complex Mental Health Service are likely to fall under the following four categories:

- Assessment
- Structured Psychological Intervention
- Clinical care coordination / liaison
- Child or youth-specific assistance NEC (not elsewhere classified)