



## Our Alliance

# Diabetes Alliance 2020 GP Diabetes Masterclass Conferences

All GPs and Registrars are invited to attend one of two GP Diabetes Masterclass Conferences to be held in the Hunter region in 2020. The November conference will be a repeat of the June Conference.

These conferences are based on the highly acclaimed GP Diabetes Masterclass series that ran in 2018/2019 over 3 evening sessions. They will be highly interactive with case studies, Q&A, small group learning & SLIDO test questions. A trade display area will also be available throughout the day allowing participants to obtain the latest information in pharmaceutical options.

**Funding support** to attend this conference may be available to some GPs via NSW Rural Doctors Network (RDN). Please click the appropriate Register Here link below for further information.



**40 RACGP Accredited Activity Points** for each conference are pending approval.

DATE	VENUE	REGO LINK
Saturday 27 <sup>th</sup> June <b>Newcastle</b>	HMRI Building, Kookaburra Crt., New Lambton Heights	<a href="#">REGISTER HERE</a>
Saturday 14 <sup>th</sup> November <b>Pokolbin</b>	Cypress Lakes Function Centre, Pokolbin	<a href="#">REGISTER HERE</a>

Please register using the above links or visit  
[www.hnecphn.com.au/education](http://www.hnecphn.com.au/education) & search for #Diabetes

# PROGRAM

8am	<b>Registration opens</b>
8:30am	<b>Screening, diagnosis and initial management</b> <ul style="list-style-type: none"> <li>• How to improve Screening, Diagnosis and Classification of Diabetes Mellitus and investigate process measures in each GP Practice (systems approach)</li> <li>• Pathophysiology of Type 2 DM</li> <li>• HbA1c testing benefits and limitations</li> <li>• BGL monitoring: who should be testing, how often, changes to NDSS</li> <li>• Prediabetes: definition, risks, benefits of intervention</li> <li>• Newly diagnosed type 2 DM</li> <li>• Basic nutritional advice for healthy eating</li> <li>• What is after Metformin these days?</li> <li>• Newer oral agents (Gliptins, SGLT2 inhibitors)</li> <li>• GLP – 1 analogue</li> <li>• Diabetes medications and cardiovascular benefits</li> <li>• How chose prognostic medications based on emerging guidelines in 2020</li> </ul>
10am	<b>Morning Tea &amp; Trade Display</b>
10:30am	<b>Injectable therapy</b> Clinical inertia and discussion around how to engage patients to overcome barriers towards insulin therapy (systems approach) <ul style="list-style-type: none"> <li>• How to choose, initiate and titrate Insulin for type 2 DM (medication safety)</li> <li>• Carbohydrate counting in brief</li> <li>• Hypoglycaemia management (medication safety)</li> <li>• Basal versus GLP – 1 analogue versus both</li> <li>• Weight loss in DM including options for bariatric surgery</li> </ul>
12pm	<b>Lunch &amp; Trade Display</b>
1pm	<b>Quality in Healthcare - GP Champions Presentation</b> <ul style="list-style-type: none"> <li>• Quality Health care in diabetes: how well are we performing in our region, a reality check</li> <li>• Includes regional diabetes data on prevalence, process and outcome measures 20min</li> <li>• How do we manage diabetes in our practice and recipes for successful diabetes care delivery in general practice 2 GP practices 10 mins each</li> <li>• Panel discussion 20mins</li> </ul>
2pm	<b>Complications of DM</b> Diabetic retinopathy (screening, staging and treatment options) <ul style="list-style-type: none"> <li>• Diabetic renal disease screening, monitoring and treatment including when to refer to nephrology</li> <li>• Renal failure and diabetic medications changes (medication safety)</li> <li>• Macro vascular disease and risk management in DM</li> <li>• Diabetes foot disease (peripheral neuropathy, Charcot' s foot, diabetic foot ulcer, PVD management)</li> </ul>
3:30pm	<b>Afternoon Tea &amp; Trade Displays</b>
3:45pm	<b>Diabetic pregnancy</b> <ul style="list-style-type: none"> <li>• Preconception management</li> <li>• Post conception management type 1 diabetes and type 2 diabetes</li> <li>• Management of Gestational diabetes</li> </ul>
5:15pm	<b>Evaluation and close</b>

For further information, contact Melissa Boucher on ☎ 0400 242 570 or email: [mboucher@hneccphn.com.au](mailto:mboucher@hneccphn.com.au)